

Appendix 13: Paediatric Surgical Procedures

This guideline applies to surgical procedures performed in paediatric patients aged from 3 months to 14 years. In select paediatric populations, clinicians may elect to use the adult guidelines at their own discretion. For more specialised procedures not included in this guideline, refer to the Women's and Children's Hospital surgical prophylaxis guidelines. For neonatal patients alternative antibiotic regimens may be required - seek expert advice.

Preoperative Considerations

Consider individual risk factors for every patient including the need for prophylaxis. Antibiotic choice/dose may need to be modified according to patient factors (e.g. immune suppression, presence of prostheses, allergies, renal function, obesity, malnutrition, diabetes, malignancy, infection at another site, colonisation with multi-drug resistant bacteria and available pathology).

Consider surgical wound classification (clean, clean-contaminated, contaminated, dirty-infected) when determining the need for, or choice of, antibiotic prophylaxis. Refer to <u>Surgical Antimicrobial Prophylaxis Prescribing Guideline</u> for further information.

Pre-existing infections (known or suspected) – if present, use appropriate treatment regimen instead of prophylactic regimen for procedure but ensure the treatment regimen has activity against the organism(s) most likely to cause postoperative infection. Adjust the timing of the treatment dose to achieve adequate plasma and tissue concentrations at the time of surgical incision and for the duration of the procedure - seek advice from ID or the AMS team if unsure.

Prophylaxis against endocarditis is indicated for patients with specific cardiac conditions. Refer to <u>Antibiotic Prophylaxis for Prevention of Endocarditis in</u> <u>High Risk Patients</u> for further information.

Practice Points

Dose, timing and administration of antibiotics

Dosing of antibiotic should generally be based on actual body weight except for gentamicin where ideal body weight (IBW) should be used. Paediatric doses should never exceed the recommended adult dose.

Surgical antibiotic prophylaxis must be administered before surgical incision to achieve effective plasma and tissue concentrations at the time of incision. Administration of any antibiotic after skin incision reduces effectiveness.

- > IV cefazolin 30mg/kg (up to 2g) can be given over 3-5 minutes and should be administered no more than 60 minutes before skin incision.
- > IV gentamicin 2mg/kg can be given over 30 minutes and should be administered within 120 minutes before surgical incision.
- > IV metronidazole 12.5mg/kg (up to 500mg) can be given over 20 to 30 minutes. It should be fully administered within 120 minutes of surgical incision. Maximum plasma and tissue concentrations occur at the conclusion of the infusion.
- > IV clindamycin 15mg/kg (up to 600mg) should be given over 10 to 15 minutes. It should be fully administered within 120 minutes of surgical incision. Maximum plasma and tissue concentrations occur at the conclusion of the infusion.
- IV vancomycin 30mg/kg (up to 1.5g) infusion should be given over 2 hours (4 hours if history of infusion reaction (formerly "red man syndrome")). Vancomycin should be timed to begin 15 to 120 minutes before skin incision. This ensures adequate concentration at the time of incision and allows for any potential infusion-related toxicity to be recognised before induction. The infusion can be completed after skin incision.

High MRSA risk (defined as history of MRSA colonisation or infection OR frequent stays or a current prolonged stay in hospital with a high prevalence of MRSA OR residence in an area with high prevalence of MRSA OR current residence, or residence in the past 12 months, in a correctional facility):

> Add vancomycin

Repeat dosing

A single preoperative dose is sufficient for most procedures; however repeat intraoperative doses are advisable:

- If surgery is delayed or prolonged, administer a second dose of antibiotics after half the normal dosing interval (e.g. 4 hours for cefazolin, clindamycin and metronidazole, 6 hours for vancomycin and 12 hours for gentamicin), OR
- > if major blood loss occurs (> 15-20% of blood volume), following fluid resuscitation.

When measuring the time to a second intraoperative dose, measure the interval from the time of the first preoperative dose rather than the surgical incision time.

Recommended Prophylaxis		
Procedures	Recommended Prophylaxis	High Risk Penicillin / Cephalosporin Allergy*
ABDOMINAL SURGERY		
Clean procedures (e.g. endoscopic or colonoscopic)	Prophylaxis NOT recommended	
Biliary tract	cefazolin IV 30mg/kg/dose (up to 2g) <u>High risk of MRSA infection:</u> ADD vancomycin IV 30mg/kg/dose (up to 1.5g)	vancomycin IV 30mg/kg/dose (up to 1.5g) PLUS gentamicin IV 2mg/kg/dose ^
Hernia repair	cefazolin IV 30mg/kg/dose (up to 2g)	vancomycin IV 30mg/kg/dose (up to 1.5g)
Splenectomy (vaccination and post- splenectomy antibiotic prophylaxis required in all cases)	High risk of MRSA infection: ADD vancomycin IV 30mg/kg/dose (up to 1.5g)	
All surgery involving incision into the small bowel, large bowel and rectum (including appendicectomy)	cefazolin IV 30mg/kg/dose (up to 2g) PLUS metronidazole IV 12.5mg/kg/dose (up to	gentamicin IV 2mg/kg/dose (IBW)^ PLUS metronidazole IV 12.5 mg/kg/dose (up to

Recommended Prophylaxis			
Procedures	Recommended Prophylaxis	High Risk Penicillin / Cephalosporin Allergy*	
	500mg)	500mg)	
	High risk of MRSA infection: ADD vancomycin IV 30mg/kg/dose (up to 1.5g)	High risk of MRSA infection: ADD vancomycin IV 30mg/kg/dose (up to 1.5g)	
EAR, NOSE AND THROAT PROCEDURES		-	
Tonsillectomy*, adenoidectomy*, uncomplicated ear surgery, otoplasty, stapedectomy, nasal septoplasty, endoscopic sinus surgery, other uncomplicated nose or sinus surgery and minor clean procedures	Prophylaxis NOT recommended *Endocarditis prophylaxis may be required – refer to Antibiotic Prophylaxis for Prevention of Endocarditis in Cardiac Patients		
Major ear surgery	cefazolin IV 30mg/kg/dose (up to 2g)	vancomycin IV 30mg/kg/dose (up to 1.5g)	
Revision sinus surgery	PLUS	PLUS (for laryngectomy or tympanomastoid	
Complex septorhinoplasty	metronidazole IV 12.5mg/kg/dose (up to	surgery)	
Tympanomastoid surgery	500mg)	gentamicin IV 2mg/kg/dose^	
Laryngectomy (primary or salvage)*	High risk of MRSA infection: ADD vancomycin IV 30mg/kg/dose (up to 1.5g)	* POSTOPERATIVE doses can be considered but should not continue beyond 24 hours	
	*POSTOPERATIVE doses can be considered but should not continue beyond 24 hours		
ORAL / DENTAL SURGERY			
Clean or clean-contaminated procedures not listed below			
Dental extractions, impactions, exposures, implants, minor pathology (soft tissue, cysts)	Prophylaxis NOT recommended		
Insertion of prosthetic material (except dental implants)	cefazolin IV 30mg/kg/dose (up to 2g)	clindamycin IV 15mg/kg/dose (up to 600mg)	
Intraoral bone grafting	PLUS (if insertion through the skin and oral mucosa)		
Open reduction and internal fixation of mandibular or midfacial fractures	metronidazole IV 12.5mg/kg/dose (up to 500mg)	for orthognathic surgery but should not continue beyond 24 hours.	
Orthognathic surgery*	High risk of MRSA infection		
	ADD vancomycin IV 30mg/kg/dose (up to 1.5g)		
	*POSTOPERATIVE doses can be considered for orthognathic surgery but should not continue beyond 24 hours.		
ORTHOPAEDIC SURGERY			
Arthroscopic procedures and other clean procedures not involving insertion of prosthetic material or avascular tissue	Prophylaxis NOT recommended		
Procedures involving insertion of prosthetic or allograft material	cefazolin IV 30mg/kg/dose (up to 2g)	vancomycin IV 30mg/kg/dose (up to 1.5g)	
Internal fixation of fractures	High risk of MRSA infection or re-operation of		
	bone and joint surgery: ADD vancomycin IV 30mg/kg/dose (up to 1.5g)		
	POSTOPERATIVE doses can be considered but should not continue beyond 24 hours.		
OPEN FRACTURES / SOFT TISSUE INJURIES	S / PLASTIC SURGERY		
Open fractures (non-severe injuries⁺)	cefazolin IV 30mg/kg/dose (up to 2g)	clindamycin IV 15mg/kg/dose (up to 600mg)	
Traumatic wounds (non-severe injuries)	High risk of MRSA infection: ADD vancomycin IV 30mg/kg/dose (up to 1 5a)	OR For known MRSA colonisation/infection give INSTEAD:	

Recommended Prophylaxis			
Procedures	Recommended Prophylaxis	High Risk Penicillin / Cephalosporin Allergy*	
**Broader antibiotic cover may be required for wounds that have been immersed in		vancomycin IV 30mg/kg/dose (up to 1.5g)	
water – refer to the Therapeutic Guidelines	Prophylaxis for non-severe injuries comparable to Gustilo-Anderson type I or II can be discontinued at definitive wound closure. The total duration of prophylaxis should be no more than 72 hours, even if soft tissue coverage is not achievable.		
Open fractures (severe injury [‡])	cefazolin IV 30mg/kg/dose (up to 2g) then 8-	clindamycin IV 15mg/kg/dose (up to 600mg)	
Traumatic wounds (severe injuries [#]) **Broader antibiotic cover may be required for wounds that have been immersed in water – refer to the Therapeutic Guidelines	hourly for a further 2 doses <u>PLUS for heavily contaminated severe injuries</u> (e.g. agricultural injuries): ADD metronidazole IV 12.5mg/kg/dose (up to 500mg) then 12-bourly for a further 1 dose	CR	
		For known MRSA colonisation/infection give INSTEAD: vancomvcin IV 30ma/kg/dose (up to 1.5g) then	
		12-hourly for a further 1 dose	
	ADD vancomycin IV 30mg/kg/dose (up to 1.5g)	PLUS for heavily contaminated severe injuries (e.g. agricultural injuries):	
		ADD metronidazole IV 12.5mg/kg/dose (up to 500mg) then 12-hourly for a further 1 dose	
	Do not continue prophylaxis for more than 24 hours comparable to Gustilo-Anderson type III. The total 72 hours, even if soft tissue coverage is not achiev	s after definitive closure of a severe injury duration of prophylaxis should be no more than rable.	

UROLOGICAL PROCEDURES

Preoperative screening for bacteriuria is advised for all elective urological procedures apart from routine cystoscopy. If bacteriuria is confirmed, treatment is recommended with short course antibiotics even if the patient is asymptomatic. Choice of antibiotic is guided by results of cultures and susceptibility patterns. Preoperative treatment of bacteriuria does not exclude the need for surgical prophylaxis.

Circumcision, orchidopexy or hydrocele repair	Prophylaxis NOT recommended	
Endoscopic urological procedures	gentamicin IV 2mg/kg/dose If gentamicin is contraindicated use: cefazolin IV 30mg/kg/dose (up to 2g)	gentamicin IV 5mg/kg/dose
Procedures that enter the urinary tract or involve prosthetic device implantation	cefazolin IV 30mg/kg/dose (up to 2g) PLUS gentamicin IV 2mg/kg/dose If inadvertent rectal injury then: ADD metronidazole IV 12.5mg/kg/dose (up to 500mg) High risk of MRSA infection: REPLACE cefazolin with vancomycin IV 30mg/kg/dose (up to 1.5g)	gentamicin IV 2mg/kg/dose PLUS vancomycin IV 30mg/kg/dose (up to 1.5g) If inadvertent rectal injury then: ADD metronidazole IV 12.5mg/kg/dose (up to 500mg)
Procedures that enter the urinary tract or involve prosthetic device implantation in which entry into the bowel lumen is expected	cefazolin IV 30mg/kg/dose (up to 2g) PLUS metronidazole IV 12.5mg/kg/dose (up to 500mg) <u>High risk of MRSA infection:</u> ADD vancomycin IV 30mg/kg/dose (up to 1.5g)	gentamicin IV 2mg/kg/dose PLUS metronidazole IV 12.5mg/kg/dose (up to 500mg) High risk of MRSA infection: ADD vancomycin IV 30mg/kg/dose (up to 1.5g)

* High risk penicillin/cephalosporin allergy: History suggestive of high risk (e.g. anaphylaxis, angioedema, bronchospasm, urticaria, DRESS/SJS/TEN)

^ For procedures likely to continue for longer than 6 hours, a higher dose of gentamicin (5mg/kg/dose up to 480mg) can be considered

+ Open fractures - non-severe injuries: open fractures resulting from indirect injury or direct, low-energy injury (Gustilo-Anderson type I or II) - see Table 1

‡ Open fractures - severe injuries: open fractures resulting from high-energy injury or exhibiting high-energy fracture patterns (Gustilo-Anderson type III) - see Table 1

Traumatic wounds - severe injuries: muscular, skeletal and soft tissue trauma, crush injuries, penetrating injuries, stab wounds

Table 1: Gustilo-Anderson Classification of Open Fractures (Garner, 2020)

Table 1	L' Gustilo-Anderson Classification of Open Fractures (Garner, 2020)
Type 1	Open fracture with a wound less than 1cm long, low energy, without gross contamination
Type 2	Open fracture with a wound 1-10cm long, low energy, without gross contamination or extensive soft-tissue damage, flaps, or avulsions
Туре 3	A: Open fracture with a wound > 10cm with adequate soft-tissue coverage, or any open fracture due to high energy trauma or with gross contamination, regardless of the size of the wound B: Open fracture with extensive soft-tissue injury or loss, with periosteal stripping and bone exposure that requires soft-tissue coverage in the form of muscle rotation or transfer C: Open fracture associated with arterial injury requiring repair

Postoperative Care

Postoperative antibiotics are NOT indicated unless infection is confirmed or suspected. If infection is suspected, consider modification of antibiotic regimen according to clinical condition and microbiological results.

Prophylactic antibiotics until residual surgical drains (including extra-ventricular drains), intravascular or urinary catheters are removed is not supported by current evidence and increases the risk of adverse outcomes.

Definitions / Acronyms			
AMS	Antimicrobial Stewardship	DRESS	Drug rash with eosinophilia and systemic symptoms
ID	Infectious Diseases	IV	Intravenous
MRSA	Methicillin-resistant Staphylococcus aureus	SJS / TEN	Stevens-Johnson syndrome / Toxic epidermal necrolysis

References

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Australian Injectable Drugs Handbook (2020) 8th ed. Collingwood, VIC (online).

Australian Medicines Handbook Pty Ltd 2021 (online).

Garner, M.R., et al (2020). "Antibiotic prophylaxis in open fractures: evidence, evolving issues, and recommendations." J Am Acad Ortop Surg 28 (6): 309-315.

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