

Fact sheet

# Central Adelaide Diabetes Clinics

## Endocrine Services

### Clinical Information Sheet

<b>Clinical Condition</b>	<b>Type 2 diabetes</b>
<b>Eligibility</b>	Patient with Type 2 Diabetes with complications or other significant co-morbidities that is either destabilising their diabetes control or where the improvement of diabetes control will improve disease management.
<b>Priority and how to access services</b>	Within 3 months If more urgent assessment required contact: Royal Adelaide Hospital : Clinical Service Co-ordinator of the Diabetes Centre during weekday working hours on 8222 5111.  If more urgent assessment is required (The Queen Elizabeth Hospital) referral should be faxed to 8222 7188 and reasons highlighted why the request for a higher priority is being made.
<b>Differential Diagnoses</b>	Not applicable
<b>Information required with referral</b>	History <ul style="list-style-type: none"><li>• Duration of diabetes</li><li>• Complication or co-morbidity of concern</li><li>• Current diabetes therapeutic regimen</li><li>• Drug history</li><li>• Whether patient is currently monitoring blood glucose</li><li>• Any recent review by diabetes educator or dietitian</li><li>• Any history of diabetes complication</li><li>• Any medical co-morbidities and psychosocial issues</li></ul> Examination <ul style="list-style-type: none"><li>• Blood pressure.</li></ul>
<b>Investigations required with referral</b>	Blood glucose HbA1c Lipid profile Urinary albumin creatinine ratio Biochemistry Any investigation relevant to the co-morbidity of concern Ask patient to bring home blood glucose record and meter to appointment
<b>Pre-Referral management strategies (information required with referral)</b>	Ensure patient is doing home blood glucose monitoring and to bring record and meter with them to the appointment.



<b>Discharge Criteria/information</b>	Patients with type 2 diabetes will be seen and stabilised by the service. Once stable they may be discharged back to their referring doctor if there are no on-going issues. Complex patients with complications or co-morbidities needing diabetes specialist input will be followed by the service.
<b>Fact sheets</b>	Diabetes Management in General Practice – Guidelines for Type 2 Diabetes 2012/13 <a href="http://www.diabetesaustralia.com.au">www.diabetesaustralia.com.au</a>

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## For more information

### Diabetes Services

Royal Adelaide Hospital, North Terrace ADELAIDE Telephone: 08 8222 4000

The Queen Elizabeth Hospital, 28 Woodville Road, WOODVILLE Telephone: 08 8222 6000

[www.sahealth.sa.gov.au](http://www.sahealth.sa.gov.au)

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