

## Information for patients

The Central Adelaide Local Health Network (CALHN) is committed to delivering safe, quality and patient-centred care to all South Australians.

Your health care professional has completed a thorough assessment of your medical health and determined your care can be safely delivered by CALHN's Hospital Avoidance and Supported Discharge Service (HASDS).



## About us

HASDS is part of CALHN and specialises in caring for patients outside of the hospital setting.

We deliver your health care at our Sefton Park site. We are also able to provide care in the community, your home or place of residence (ie Residential Aged Care Facility) or temporary accommodation.

HASDS deliver several specialist services which include:

- Doctors (General Physicians, Geriatricians and Specialist Physicians)
- Nursing staff
- Occupational Therapist
- Physiotherapist
- Dietician
- Podiatrist
- Social Workers
- Iron Infusion clinic

## How are appointments made?

All appointments to HASDS will be made by your Doctor or Health Care Professional.

You will need a referral from a Health Care Professional to receive follow up care CALHN HASDS.

## Are there any costs for services?

No. As a public patient, CALHN will cover the costs of health reviews and care conducted within our HASDS services.

Like being discharged from hospital, there may be some costs for supplies on discharge from our service, such as medications and equipment; this will be explained to you by your health care provider.

## How will I be transferred?

Your health care team will determine the most appropriate mode of transport for you to HASDS. This may be via Ambulance (SAAS), taxi, private vehicle or public transport.

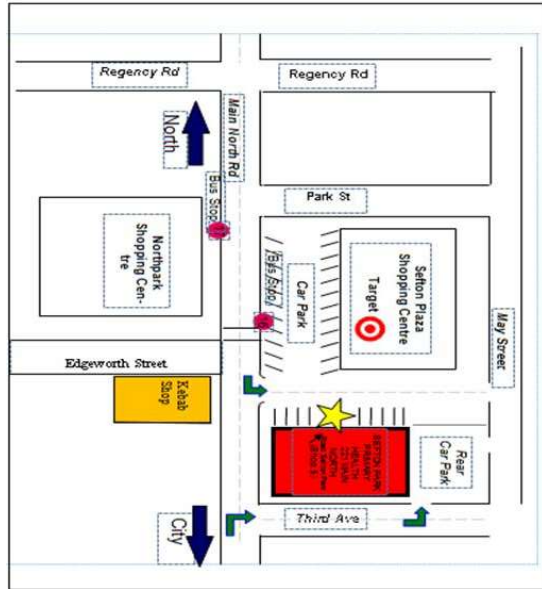
Upon discharge from HASDS, you must arrange your own transport home. If unable to safely do so, please inform the HASDS clinician.

If you are having a health review or treatment in your own home or place of residence, we will come to you at no cost.

## Who do I talk to if I need more information or have concerns?

If you have any queries or require extra support, please speak to your healthcare team.

## Where to find us..



Shop 5/ 221 Main North Road  
Sefton Park, SA 5083

Phone: 0435 475 190  
1800 398 048 -Free call

Opening hours:  
9:30am- 8:30pm M-F  
and 11:00am- 7:30pm Sat/ Sun/ Public  
Holidays

Outside of these hours please contact  
your local Doctor or  
Health Direct on 1800 022 222 for  
24 hour health advice

In the event of a medical emergency  
call **triple zero (000)**



For more information

**Please speak with your  
healthcare team**

[www.sahealth.sa.gov.au](http://www.sahealth.sa.gov.au)

Non-English speaking:

For information in languages  
other than English, call the  
Interpreting and Translating  
Centre and ask them to call The  
Department of Health. This  
service is available at no cost to  
you, contact (08) 8226 1990.

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**Health**  
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# Patient Information

## Hospital Avoidance and Supported Discharge Service (HASDS)



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