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| **[INSERT YOUR LETTERHEAD]**  |  |
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**[INSERT YOUR ADDRESS AND TELEPHONE NUMBER]**

**[DATE]**

Dear Sir / Madam

Our records indicate that you may have been exposed to measles while at the **[insert location]** on **[insert day, date and time period].**

Measles is a highly contagious viral illness which can be very severe and have serious complications.

Measles is spread by breathing infected airborne droplets caused by coughing and sneezing, and by contact with hands, tissues, and other articles soiled by nose and throat discharges. Measles virus is very infectious, and droplets in the air may infect people entering a room up to 30 minutes after an infected person has left.

You may be at risk of developing measles, unless you are already immune.

Unless you have a weakened immune system, you are likely to be immune to measles if you:

* have received two doses of a measles containing vaccine, (such as MMR); **or**
* were born in Australia before 1966 (when most people caught measles as children); **or**
* are certain you have already had measles.

If you have a weakened immune system, likely not immune to measles or unsure whether you are immune to measles, please telephone our practice on **[insert general practice telephone number]** for advice about receiving measles vaccination or immunoglobulin to help prevent measles infection.

Symptoms of measles may develop 7 to 18 days after contact with measles but usually begin at around 10 days.

If you become unwell with fever, cough, red/sore eyes, runny nose or rash, you may have measles, so please:

1.**stay at home and do not have any visitors who may not be immune to measles**; and

2. telephone **[insert practice name]** on **[insert practice telephone number]** to arrange a consultation.

**It is very important that you telephone and inform the receptionist that you may have measles before visiting the medical centre.** This is so we can take precautions to prevent the spread of measles to others. Please take this letter with you if you need to see the doctor.

Measles vaccination is strongly recommended and is available from your doctor or from your local council clinic.

Please refer to the attached measles factsheet for more information about measles or visit the SA Health website [www.sahealth.sa.gov.au/YouveGotWhat](http://www.sahealth.sa.gov.au/youvegotwhat).

Yours sincerely

**[Dr or Ms/Mr]**

**[Principal Doctor or Practice Manager]**