

Flinders Medical Centre Pain Management Unit

Frequently Asked Questions

Will my pain go away?

The Pain Management Unit works with you to improve your quality of life and better manage your pain. Our team can assist you to:

- > Regain or maintain function to engage in meaningful activities
- > Maintain good emotional and mental health
- > Identify external service providers to support you
- > Liaising with your General Practitioner

Our focus is on pain management and assisting you to develop long term skills and strategies to improve your daily life. It is unlikely your pain will go away completely.

What if I do not want to be part of the group programs?

If you choose not to or cannot for any reason be part of the group pain management programs, please inform the Pain Management Unit on 8204 5499.

Why do I keep filling out the same pain questionnaire?

Patients are asked to complete the pain questionnaire on a regular basis so that our team can provide the best treatment and support for your chronic pain. The questionnaire will help to highlight if there are any changes in your condition and guide your individual pain management plan.

Can I bring my partner/carer to appointments?

Yes. We encourage your family/carers to participate in all aspects of your health care.

How long do appointments go for?

Initial assessments generally take 30-90 minutes to complete depending on health providers. Review appointments generally 15-30 minutes. You will be advised of individual appointment times by the Pain Management Unit.

What should I do if I cannot attend an appointment?

If you cannot attend an appointment, please notify us as soon as possible so we can cancel and reschedule your appointment at the next available time. This also allows us to allocate the appointment time to another patient.

Do you offer a medication detox service?

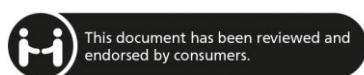
No, we are not an addiction or detox service. We do not prescribe cannabis oil or similar 'medical marijuana'. We also do not validate opioids started elsewhere for DDU purpose or provide ketamine to our patients.

For more information

Pain Management Unit
Level 2, Flinders Medical Centre
Telephone: (08) 8204 5499
www.sahealth.sa.gov.au/fmc



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Created: October 2019. Next review: October 2021.

