

Southern Adelaide Palliative Service

Humanity in living and dying



Health
Southern Adelaide
Local Health Network



Welcome to our service. We are here to care for you, and the important people in your life.

What is Palliative Care?

Palliative care helps people to live life as fully and comfortably as possible, when living with a life-limiting or terminal illness.

What is the Southern Adelaide Palliative Service (SAPS)?

SAPS provides high-quality specialist palliative care for everyone living in Southern Adelaide.

We can support you:

- In the community – at home and our clinics
- At Flinders Medical Centre, Noarlunga Hospital, or the Repat Health Precinct
- At Laurel Hospice, if your symptoms become challenging to manage at home or elsewhere.

We offer a range of services to support patients and the important people in their lives.

Our team includes many health professionals such as doctors, nurses, social workers, occupational therapist, and pharmacist.

What services can we offer?

Community support

We support you to live well at home. We provide assessments, recommendations, coordination of services and equipment either over the phone, via video-link or in person. We give advice and support to your GP and other treating clinicians. We organise doctors to visit you at home if needed.

Clinics

At our SAPS clinics, we monitor your illness, provide recommendations, and develop a care plan to best manage your symptoms. We share our recommendations with your GP and other relevant service providers. Our clinics are located at Flinders Medical Centre (Level 4, Rehabilitation and Palliative Care Building), GP Plus Marion and GP Plus Noarlunga.

Hospital support

Our hospital liaison service can assist you, and your treating team, to best manage your symptoms and support end of life decision making when you are a patient at Flinders Medical Centre, Noarlunga Hospital or the Repat Health Precinct.

Laurel Hospice

Laurel Hospice is our 15-bed short-stay specialist palliative care unit. At Laurel, we care for you at the end of life and when your symptoms become difficult to manage at home or elsewhere. Laurel is located on the seventh floor of the Rehabilitation and Palliative Care Building at Flinders Medical Centre.

Psychosocial team

Our SAPS psychosocial team is available to support you, and the important people in your life, to navigate the changes and adjustments that occur when living with a life limiting illness. The team consists of social workers, caregiver network facilitator, psychiatrist and art therapist who provide a range of services including psychosocial, emotional and bereavement support.

Pharmacist

When required, our pharmacist works with your medical team and local community pharmacy to ensure your medications are best managed.

Volunteer Support

Specialist trained volunteers provide a range of supportive programs in the community and Laurel Hospice.

Interpreter Services

We can arrange interpreter services. Please let us know if needed.

24-hour Support Service

Please call our specialist Palliative Care nurses with any concerns or queries.

Our nurses are available 24 hours a day, 7 days a week by phoning: 8404 2058.

How can I give feedback?

Your feedback is always welcome and valued. You can speak with our staff or contact us via our contact details below.

Alternatively, you can contact the hospital's Consumer Advisory Service:

Phone: 8204 5433

Email: HealthSALHNConsumerAdvisory@sa.gov.au

Or by writing to:

Consumer Advisory Service
Level 2 Flinders Medical Centre
Flinders Drive, BEDFORD PARK SA



For more information:

Southern Adelaide Palliative Care Service

Division of Rehabilitation, Aged Care & Palliative Care
Flinders Medical Centre
1 Medical Sciences Road, BEDFORD PARK SA 5042
Telephone: 08 8404 2058

www.sahealth.sa.gov.au



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This document has been reviewed and endorsed by consumers.



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