

Fact sheet

Central Adelaide Infectious Diseases Service

Clinical Information Sheet

HIV - Giving a positive result

First post-test consultation

- Establish rapport and assess readiness for the result
- Give positive test result
- Avoid information overload
- Listen and respond to needs (the patient may be overwhelmed and hear little after being told the positive result)
- Discuss immediate implications
- Review immediate plans and support
- Reassess support requirements and available services
- Arrange other tests and the next appointment
- Begin contact tracing process and discuss options available to facilitate this

Subsequent consultations

- Treatment options, diet and exercise
- Effect of diagnosis on relationships and prevention information
- Issues of disclosure
- Assessment of contact tracing process and difficulties encountered
- Access to life insurance may be affected
- Workplace implications
- Impact of other issues (e.g. drug use, poverty, homelessness) on ability to access health care and treatments
- Referral for on-going counselling, social worker, medical specialist as appropriate

For more information

Central Adelaide Infectious Diseases Service

Royal Adelaide Hospital, North Terrace ADELAIDE Telephone: 08 8222 4000

The Queen Elizabeth Hospital, 28 Woodville Road, WOODVILLE Telephone: 08 8222 6000

© Department for Health and Ageing, Government of South Australia. All rights reserved.



Government
of South Australia

SA Health