

Clozapine Pathways

Clozapine GP Shared Care Arrangements

AMBER Results Pathway

As per TGA endorsed clozapine management protocols the participant is to be seen every 7 or 28 days (depending on whether they are on weekly or 4 weekly monitoring) for clinical assessment of signs and symptoms of infection

Participant attends community pathology collection centre for blood test

Blood results returned to GP with copy to nominated CMHS **AMBER** Result Noted

Treating psychiatrist notified by Clozapine Coordinator (CC)

CC notifies GP of **AMBER** results and discusses Plan

Participant notified of **AMBER** results, associated risk of infection & need for repeat blood test

GP & psychiatrist discuss management plan

Within 48 hrs of Blood Test

Face to face scheduled appointment with GP:

Physical Health Review:

for evidence of infection including focal signs and symptoms, BP, weight, BMI, pulse, temp, waist measurement, constipation assessment, smoking status. Treat infections as required (note antibiotic interactions)

Review:

Blood pathology results, MSE, assessment of general tolerance, effects, side effects and adverse events, any other health issues. Provide education re low white cell count, increased risk of infection and need for twice weekly monitoring.

Script:

An authority prescription is to be written by an authorised clozapine prescriber & annotated with: CPN, stream-lined code, exact quantity of tablets, blood results & date of blood test*. 100mg and 25mg tablets need to be written on separate prescriptions, as per PBS requirements. *A blood count form may be completed if this is the preferred notification.

Any dose changes MUST be authorised by a Consultant Psychiatrist

Participant either takes the prescription & the blood count form (if required) or they are faxed to the registered pharmacy by the GP practice.

The registered pharmacist dispenses no more than 3-4 days of medication at a time until bloods return to **GREEN** range according to protocol

The blood results and clozapine dosage are entered into the eCPMS data base by the Clozapine Coordinator in metro &/or registered pharmacist in rural areas

Increase blood monitoring to twice weekly coordinated by CC in collaboration with GP and psychiatrist

When blood result returns to **GREEN** range, return to regular monitoring according to **GREEN** pathway