



Hospital Phone Numbers

Metro Hospitals

	Front desk	Aboriginal Liaison Unit
Flinders Medical Centre	08 8204 5511	08 8204 6359
Lyell McEwin Hospital	08 8182 9000	08 8182 9206
Royal Adelaide Hospital	08 7074 0000	08 7074 5460
Women's and Children's Hospital	08 8161 7000	08 8161 6237

Country Hospitals

Berri 08 8580 2400 08 8588 0424

Ceduna 08 8626 2110

Ceduna Koonibba 08 8672 5255

Cooper Pedy 08 8672 5009 08 8672 5376

Umoona Tjutagku 08 8672 5255

Walleroo 08 8832 0200 08 8832 0100

Mount Gambier 08 8721 1200

Pangula 08 8724 7270

Murray Bridge 08 8535 6777 08 8535 6777

Moorundi 08 8531 0289

Port Augusta 08 8668 7500 08 8668 7500

Pika Wiya 08 8642 9904

Port Lincoln 08 8683 2200 08 8683 0162

PLAHS 08 8683 0162

Whyalla 08 8648 8300 08 8648 8300

Nunyara 08 8649 4366

Nganampa 08 8954 9040

Port Pirie 08 8638 4500 08 8633 0585

Many Aboriginal Liaison Units (ALU) are only staffed Monday-Friday, 9am-5pm. For help, ring the front desk.



YOU ARE LEAVING HOSPITAL

UR Number: _____

Discharge Date: _____

Has your family been informed you are coming home?

Reason for Admission

Take Home

- Discharge Medications
- Medication Profile / List (attached)
- Discharge Summary (attached)
- Belongings / Equipment
- Own medication returned

Your Discharge Medications

Tell hospital staff if you are eligible for Closing the Gap medicines in your community as you could receive help with the costs of your medicines.

Before you leave hospital, make sure you know how to take your medications.

If you need help after you go home, take your medications and any paperwork to your GP/Clinic or local Chemist.

Your GP/Clinic will give you any more prescriptions.

If you are worried about your medicines or tablets, please ask for help before you go home.





Referrals

You have been referred to the following services to support your current needs on discharge.

Clinic/Doctor

Date/Time _____

Phone _____

Hospital/Health Centre

Date/Time _____

Phone _____

Palliative Care

Date/Time _____

Phone _____

Aged Care Assessment Team

Date/Time _____

Phone _____

Transitional Care Plan

Date/Time _____

Phone _____

Home Monitoring (ICCnet/VCCnet)

Date/Time _____

Phone _____

Integrated Team Care

Date/Time _____

Phone _____

Country & Outback Health

Date/Time _____

Phone _____



Transport Arranged (based on Patient Condition and Medical Clearance)

To Stepdown unit

Ambulance Taxi

To Closest Hospital to Home

Ambulance Flight

To Home

Bus Flight Ambulance Taxi

To RACF

Taxi Ambulance Flight

Patient Assistance Transport Scheme (PATS) form signed by Acute Care Specialist



Follow Up Rehabilitation

Speech

At _____

Date/Time _____

Phone _____

Physiotherapy

At _____

Date/Time _____

Phone _____

Exercise

At _____

Date/Time _____

Phone _____

Social Work

At _____

Date/Time _____

Phone _____

Occupational Therapy

At _____

Date/Time _____

Phone _____

Diet

At _____

Date/Time _____

Phone _____

Additional Notes

Ensure that you follow all health advice provided to you. If you are feeling unwell or not improving as expected, you may need to contact the following services:

> Your GP

> Health Direct 1800 022 222

> Treating Medical Team (if appropriate)

Doctor / Unit: _____

Phone: _____

In case of emergency please call triple zero (000)