Northern Adelaide Local Health Network

Northern Pain Rehabilitation Service





The Northern Pain Rehabilitation Service is a multidisciplinary service providing a bio-psychosocial approach to management of persistent pain. This incorporates a specialised assessment, multidisciplinary pain programs, pharmacological optimisation and non-pharmacological therapies. For the majority of our consumers our group Pain Health Workshop is the first and most important step in learning to better manage pain. This service does not currently offer interventional procedures. The service believes in evidence based use of opioid medication. Active substance abuse issues should be referred to DASSA: 1300 131 340.

Please complete both sides of this referral form fully and attach all relevant correspondence and reports to enable appropriate triage. For internal referrals this form is available on the NALHN intranet search Pain Rehabilitation Unit.

No appointment can be offered until the required information has been received and the consumer has consented to the referral being made.

Conditions treated by our service include:

- Neuropathic pain e.g. CRPS / post herpetic neuralgia / peripheral / central neuropathies
- Visceral pain e.g. IBS / chronic pancreatitis / recalcitrant angina
- Musculoskeletal conditions
- Headaches and facial pain
- Persistent pain without obvious organic pathology

Please note the Northern Pain Rehabilitation Service does not provide:

- Third party assessment e.g. Return to Work SA, Disability Support, Medico-Legal
- Addiction treatments
- Validation of inappropriate opioid prescription
- Management of acute mental health issues
- Second opinion after previous assessment by other pain service, public or private

Northern Pain Rehabilitation Service Referral						
Consumer details						
Surname		First Name		DOB:		
Address		Phone (H):				
			Phone (M):			
			Email:			
Medicare No:						
Country of Birth:			Interpreter required? If Yes, please specify:			
Language:						
Is client of Aboriginal origin? Yes No			Is the consumer on a	Pension? If Yes, please		
Is client Torres Strait Islander? Yes No			specify type:			

Northern Adelaide Local Health Network Northern Pain Rehabilitation Service Specialist Ambulatory & Rehabilitation Centre (SpARC) Cnr Smart Rd & Hatherleigh Ave Modbury SA 5092

Tel 08 7321 4133 Fax 08 7321 4170 www.sahealth.sa.gov.au

Northern Adelaide Local Health Network Northern Pain Rehabilitation Service



Referral Information Requirements

Accommodation Setting:

e.g. Private Residence, Residential Care, Supported Living

Consumer History Please attach relevant correspondence and reports including details of the condition requiring treatment by our service. A referral will not be accepted without accompanying documentation					
Condition requiring Treatment by our Service	Y □ N □				
Past Medical / Surgical History	Y □ N □				
Current Medications (dosage, route, frequency and include analgesics)	Y □ N □				
Alerts to Infections Status, Allergies or Communicable disease	Y □ N □				
Blood Test Results	Y □ N □				
Radiology Results	Y □ N □				
Current Treatment from other Specialist or Allied Health Service Providers for the pain problem	Y 🗆 N 🗆				
Mental Health History, including any inpatient admissions	Y □ N □				
Psycho-social issues	Y □ N □				
History of Assessment by another Pain Service, Specialist Doctor or Rehabilitation for pain management	Y 🗆 N 🗆				
Does the consumer understand that the referral is being made and why?	Y □ N □				
Referring Medical Officers details					
Full Name:	Name: Phone:				
ganisation/practice name: Fax:					
Date of referral :					
Nominated General Practitioners details Must be identified if not the referring medical officer					
l Name: Phone:					
Organisation/practice name: Fax:					
Is the General Practitioner aware of, and agrees to this referral?					

Thank you for completing this referral. Please return via fax to: 08 7321 4170 or email

to: health.NorthernPainRehabService@health.sa.gov.au

Northern Adelaide Local Health Network Northern Pain Rehabilitation Service Specialist Ambulatory & Rehabilitation Centre (SpARC) Cnr Smart Rd & Hatherleigh Ave Modbury SA 5092 Tel 08 7321 4133

Tel 08 7321 4133 Fax 08 7321 4170 www.sahealth.sa.gov.au