

Patient Information

Outpatient Procedure

Procedures performed in the Pain Unit are low risk. This sheet provides general information regarding your procedure.

Name:

Procedure:.....

Procedure Date:.....Procedure Time:.....

Doctor:.....

At least 1 week prior to the day of the procedure:

If any of the following apply to you, please ring the Pain Management Unit as soon as possible for further instructions:

1. You cannot make the appointment.
2. You have diabetes.
3. You have a latex or drug allergy.
4. You are taking blood thinners (for example, fish oil, Warfarin, Aspirin, Plavix etc). Blood thinners must be stopped one week before procedure.

On the day:

1. **Fast from food and drinks for 4 hours** before the appointment. You can take your usual medication with a sip of water.
2. If you are diabetic, please bring your insulin and/or medication.
3. Do not drive yourself home afterwards. Arrange for someone to collect you after the procedure. Your doctor has asked you to have a procedure for the management of your persistent pain. The procedure will be performed in the Pain Management Unit at Flinders Medical Centre. It is performed as an outpatient procedure and does not require a general anaesthetic.

You should allow 90 minutes on the day for the procedure. You will be asked to wait for a little while after the procedure just to make sure you are OK.



This document has been reviewed and endorsed by consumers.



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