

SA Health and Wellbeing Strategy 2019 - 2024

The first Health and Wellbeing Strategy Health Network Workshop was held at the Women's and Children's Hospital on Wednesday 5 December 2018 with approximately 25 participants in attendance.

Background

Underpinned by data and consistent with contemporary evidence, SA Health routinely conducts system-wide strategic planning every five years. The SA Health and Wellbeing Strategy 2019 - 2024 will focus on the state wide health priorities for South Australia for the next five years and also look to adopt a longer term perspective (to 2030), to enable the system to be better prepared for the future.

Over the last 12 months following a broad and comprehensive review of research evidence and a strengths based consultation across SA Health service provider networks a number of emerging themes, issues and challenges have been identified as potential opportunities to support improvements in health outcomes.

As part of the commitment to a consultation-based approach to the development of the Strategy, a number of workshops have been arranged to seek a diverse range of views about the themes, issues and challenges identified. As part of this engagement, workshops will be held with each Local Health Network (LHN) focussing on local population challenges and opportunities.

Workshop overview

The workshop provided an opportunity to work with the Women's and Children's Health Network (WCHN) Strategic Executive Committee to focus on local priorities for the WCHN population to support local planning.

Opening

Lindsey Gough, Chief Executive Officer WCHN opened the workshop welcomed participants and outlined the objective and purpose of the workshop.

Overview of analysis and WCHN Priorities

Shelley Horne, Executive Director System Redesign and Clinical Engagement, SA Health explored the opportunities and challenges faced by the WCHN population based on data analysis.

Better use of Technology – featuring a discussion about a digital technology and the future led by:

- > Jim Birch, Governing Board Chair WCHN
- > Ray Blight, Governing Board Chair Northern Adelaide Local Health Network (NALHN)

WCHN Priorities

Shelley Horne led the final session and continued the discussion on WCHN priorities.

Input from Participants

Some of the priority themes that emerged from the session included:

- > Care for our staff so that we care for our community
- > Ensure women's and children's safety
- > Improve the health outcomes for Aboriginal women, children and families
- > Focus on the first 1000 days of life
- > Adolescent health and mental health
- > Planning for the new Women's and Children's Hospital
- > Continue to strengthen consumer engagement at all levels of the network
- > Strengthen the identity of WCHN as a state-wide service

Workshop participants were challenged to consider the actions required to make improvements.

Next steps

The feedback from the WCHN workshop will be used for WCHN local planning purposes and incorporated into the SA Health and Wellbeing Strategy 2019 - 2024.

Thank you to everyone who participated in the session.

For more information

**System Redesign and Clinical Engagement
Manager, Project Delivery Support Office**
Telephone: (08) 8226 1232
Email: HealthandWellbeingStrategy@sa.gov.au
www.sahealth.sa.gov.au/HealthandWellbeingStrategy

Public –I1-A1



<https://creativecommons.org/licenses/>



Government
of South Australia

SA Health