

OUTPATIENT SERVICE DESCRIPTION & TRIAGE GUIDELINES

HYPERTENSION AND CARDIOVASCULAR RISK CLINIC

Southern Adelaide Local Health Network (SALHN)

Hypertension and Cardiovascular Risk

The [hypertension and cardiovascular risk](#) clinic provides services to people with high blood pressure ± other cardiovascular risk factors, e.g. diabetes, obesity and hypercholesterolaemia

Service provided

- Diagnosis and management of high blood pressure (the clinic can arrange and report Ambulatory Blood Pressure Monitoring done at FMC)
- Identification of secondary causes of hypertension
- Assessment of overall cardiovascular risk for management decisions
- Assessment and management of orthostatic hypotension and other forms of low blood pressure
- Postpartum management of hypertension in women with pre-eclampsia

Services not provided

- Isolated cardiovascular risk factors not associated with hypertension

For urgent enquiries or discussion of condition, contact

The Hypertension and Cardiovascular risk clinic Ph: 8204 5227 to speak with Pr Arduino Mangoni or the Clinical Pharmacology Registrar

Triage Criteria for Referral

Category 1 Target < 1 month Current < 1 month	Category 2 Target < 2 months Current < 2 months	Category 3 Target < 3 months Current < 3 months
<ul style="list-style-type: none"> • Clinic blood pressure >180/110 mmHg with symptomatic CVD, CKD stage ≥4 or diabetes with target organ damage/other risk factors • Severe symptomatic chronic orthostatic hypotension 	<ul style="list-style-type: none"> • Clinic blood pressure <180/110 mmHg with CKD stage ≥4 or diabetes with target organ damage/other risk factors 	<ul style="list-style-type: none"> • Clinic blood pressure >140/90 mmHg • Cardiovascular risk assessment for primary prevention

General information to assist with referrals are available from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients

Identifier: CC1.2741

Version	Date from	Date to	Amendment
1.0	Aug 2021	Aug 2023	Original
2.0	Nov 2021	Nov 2023	Update