

# Managing Chronic Pain

The Flinders Chronic Pain Management team works with you and your GP to improve your quality of life and better manage your pain.

## Impacts of Chronic Pain

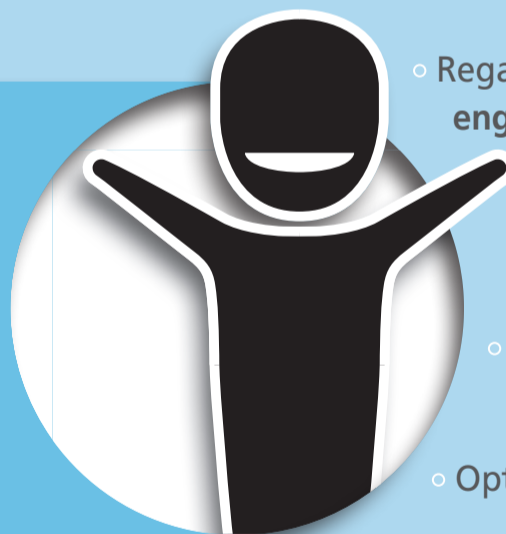
Chronic Pain can affect multiple areas of a person's life.



- Psychological, work and recreation
- Physical, emotional and social
- Reduced quality of life
- Loss of confidence and function
- Disability and suffering

## Improve your quality of life

We work with you to **better manage pain.**



- Regain or maintain function to engage in meaningful activities
- Maintain good emotional and mental health
- Identify external service providers to support you
- Optimise medical management

## Our team

You may see one or more of our health professionals at any one time to assess, treat and manage your chronic pain.



- Pain specialist
- Nurse
- Physiotherapist
- Psychologist
- Psychiatrist