

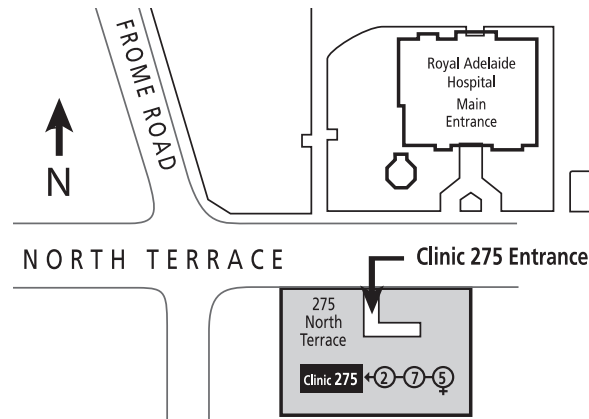
## Disclaimer

The information contained within this publication is for general information only. Readers should always seek independent, professional advice where appropriate.

Royal Adelaide Hospital will not accept any liability for any loss or damage arising from reliance upon any information in this publication.

Please refer any questions about this information to your treating medical officer and/or nursing staff.

## Location



## For more information

**STD Services web site:**  
[www.stdservices.on.net/std/scabies](http://www.stdservices.on.net/std/scabies)

**Email:** [std.services@health.sa.gov.au](mailto:std.services@health.sa.gov.au)

**Monday, Thursday and Friday**  
10am – 4.30pm

**Tuesday and Wednesday**  
11am – 6.30pm

**1st floor, 275 North Terrace**  
Adelaide 5000

**Telephone:** 8222 5075

**Toll free country call:** 1800 806 490

Non-English speaking: for information in languages other than English, call the Interpreting and Translating Centre on (08) 8226 1990 and ask them to call the Royal Adelaide Hospital. This service is free.

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# Scabies

No appointment necessary  
Free and confidential advice, testing and  
treatment for all STDs including HIV/AIDS



# Scabies

Scabies is an infestation of the skin by a small mite, which is transmitted by close physical contact. The mite makes a shallow burrow into the skin and lays eggs in this burrow.

Two to four weeks after infection, red itching bumps or blisters occur. These bumps are an allergic reaction to the insects.

New insects hatch from the eggs and can be spread to other areas of the skin by scratching.

Scabies often involves the genitalia, waist-line, hands and wrists.

Scabies almost never involves the face or back.

## Transmission

The disease is transmitted mainly by close body contact (including sexual activity).

## Treatment of scabies

Lyclear cream should be applied to clean but cool and dry skin. Do not bathe immediately before treatment.

Apply a thin layer of the cream to the whole body surface from the neck down. Do not put it on the face. Ideally, someone should assist with applying the cream so that the whole body surface is covered. Remember to treat palms of hands, soles of feet and in between fingers and toes.

Leave the cream on for 24 hours then wash thoroughly.

Reapply cream to the hands if they are washed within eight hours of application.

The itch may persist for a week or more after treatment.

Wash or dry clean all clothing, bedding and towels used in the past two days and machine dry.

One repeat application of Lyclear can be made in five to seven days.

Sexual partners and all members of the household also require treatment.