

Fact sheet

# Central Adelaide Ophthalmology Service

## Clinical Information Sheet

Clinical Condition	DIABETIC EYE DISEASE
<b>Eligibility</b>	Retinal assessment including VA and refraction with an Optometrist or Ophthalmologist. Referral category dependent on clinical need. Clinical need is defined by NHMRC Guidelines: <a href="http://www.nhmrc.gov.au/guidelines/publications/di15">http://www.nhmrc.gov.au/guidelines/publications/di15</a>
<b>Priority and how to access services</b>	All people with diabetes require regular retinopathy screening by an ophthalmologist or optometrist using ophthalmoscopy or photography. Type 1: Refer 5 years after diagnosis - non-urgent (cat 3) Type 2: Refer at diagnosis – non-urgent (cat 3) <b>except</b> if retinopathy present or patient pregnant - semi urgent (cat 2). Diabetes with sudden vision loss - Emergency
<b>Differential Diagnoses</b>	Retinal vein occlusion Hypertensive eye disease
<b>Information required with referral</b>	Optometrist/Ophthalmologist report including VA, refraction and impact of symptoms. Level of visual impairment (recreational, educational, occupational, driving)
<b>Investigations required with referral</b>	Blood sugar level, HbA1C, blood pressure, cholesterol (GP) OCT macula if available (optometry/ophthalmology)
<b>Pre-Referral management strategies (information required with referral)</b>	Ensure tight BSL, BP and cholesterol control
<b>Discharge Criteria/information</b>	Patients require regular follow up guided by the stage of their disease
<b>Fact sheets</b>	<a href="http://www.nhmrc.gov.au/guidelines/publications/di15">http://www.nhmrc.gov.au/guidelines/publications/di15</a> <a href="http://www.ranzco.edu/images/NEW_SITE/Eye_Health_Information/opa_ranzco_diabetic_retinopathy.pdf">http://www.ranzco.edu/images/NEW_SITE/Eye Health Information/opa_ranzco_diabetic_retinopathy.pdf</a>

For more information

**Central Adelaide Ophthalmology Service**

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