

SA: State of Wellbeing

Managing
Competing Interests







“teach whole populations positive psychology skills and principles”


“addressing disadvantage, inequity, illness must continue”

Building the State of Wellbeing

A Strategy for South Australia

Professor Martin Seligman



 Adelaide Thinker in Residence 2012-2013





FOR MOTHERHOOD

Mindful Mother

because it makes

50% off
sexual well-being products



Go

BLACKMORES

Shop Products



WELLBEING
DIET

Wellbeing at Palazzo Versace'



Challenges

Individually and collectively we often face events or circumstances that have potential to negatively impact our wellbeing, particularly if the right supports and resources are not available to us.

Supports and resources

The things that are available to people that help to maintain or protect existing levels of wellbeing, or can be drawn on to enhance or promote wellbeing.



Aspirations and opportunities

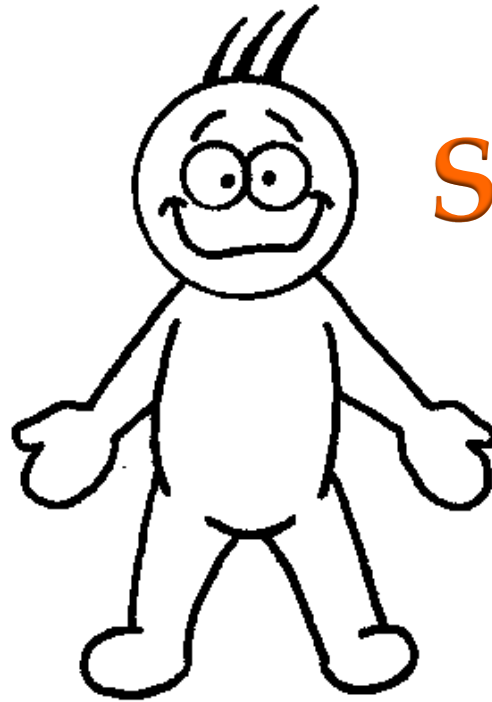
No matter our circumstances, we all want to live a better life. Access to the right supports and resources can help us realise our aspirations, and help us take hold of opportunities to improve our wellbeing.

* Based on Dodge et al, International Journal of Wellbeing



Resources and Conditions

Personal



State/National

Global

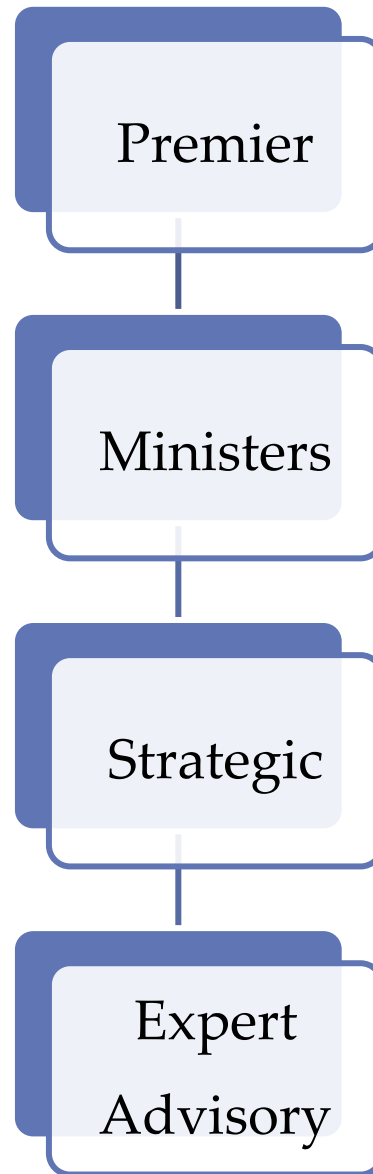
**Community/
Neighbourhood**



Structures & People

- Communities & Social Inclusion
- Mental health

- Health & Ageing
- Academia
- Pos Psych
- Education & Child Devt
- Local Govt
- Mental Health
- Vocational Education
- Community
- Environment
- Economic



Project Team

- Communities & Social Inclusion
- SA Health
- Change @ SA



Learnings/reinforcements:

- Competing interests are valid
- Create a shared space to accommodate all
- Your job:
 - Is not to be expert
 - Is to find and bring together the experts
- Have good philosophical allies
- Share the thinking burden
- Listen



[www.dcsi.sa.gov
.au/wellbeing](http://www.dcsi.sa.gov.au/wellbeing)



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