

### Parkinson's Rehabilitation Clinic

- Assessment and management of functional and cognitive impairment associated with Parkinson's Disease (confirmed diagnosis of Parkinson's).

### Information Required

- Name and address of referring doctor
- Next of kin's name and contact details
- Comorbidities
- Medication list including as required, over-the-counter and complementary medicines
- Community services involved
- Specific issues of concern

### Investigations Required

- Nil

### Fax Referrals to

- 4<sup>th</sup> Generation Outpatient Clinic, Flinders Medical Centre      Fax: (08) 8404 2263

### Red Flags

- Frequent falls
- Progressive cognitive impairment
- Swallowing disorders impacting on nutrition and safety

### Suggested GP Management

- Referral to Parkinson's SA ph: (08) 8357 8909.
- Referral to My Aged Care ([www.myagedcare.gov.au](http://www.myagedcare.gov.au)), or Ph: 1800 200 422 to access more comprehensive community support packages and respite or permanent residential care.

### Clinical Resources

- National Institute for Health and Care Excellence. Parkinson's disease: Diagnosis and management in primary and secondary care.
- <https://www.nice.org.uk/guidance/NG71>

General Information to assist with referrals and the and Referral templates for SALHN are available to download from the SALHN Outpatient Services website [www.sahealth.sa.gov.au/SALHNoutpatients](http://www.sahealth.sa.gov.au/SALHNoutpatients)

Version	Date from	Date to	Amendment
2.0	December 2017	December 2019	Updates to location and contact details, updates to suggested GP management and information required