

Falls Clinic

Patients with recurrent (history of two or more falls in the past 12 months) or unexplained falls, injurious falls and dizziness should be referred to Falls Clinic

Information Required

- Name and address of referring doctor
- Next of kin's name and contact details
- Description of falls
- Social background
- Past medical history
- Current list of medications
- Expected outcome for referral (eg. physiotherapy sessions)



Investigations Required

- Bloods – Vit D level, Thyroid and B12

Fax Referrals to

- 4th Generation Outpatient Clinics, Flinders Medical Centre Fax: (08) 8404 2263

Red Flags

-  Frequent blackouts
-  Driving a car and blackouts

Suggested GP Management

- MMSE
- OT home assessment
- Referral to Falls Prevention Service

Clinical Resources

- American Geriatrics Society, British Geriatrics Society. AGS/BGS clinical practice guideline: prevention of falls in older persons. New York (NY): American Geriatrics Society; 2010. <http://www.guideline.gov/content.aspx?id=37707>

General Information to assist with referrals and the and Referral templates for SALHN are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients

Version	Date from	Date to	Amendment
1.0	September 2014	September 2016	Original
2.0	April 2018	April 2020	Amended contact details, reviewed content