



RESILIENCE AND WELLBEING PROGRAM

Frequently Asked Questions



**Government
of South Australia**

SA Health



THE UNIVERSITY OF
MELBOURNE

About

The Resilience and Wellbeing Program is designed to provide guidance and tools for clinicians, to support their physical, emotional and mental resilience and wellbeing.

Who can apply?

All nurses, midwives, allied health professionals and scientific officers employed by SA Health can enrol in the Resilience and Wellbeing Program.

Nurses, midwives, allied health professionals and scientific officers who are not employed by SA Health are ineligible for this program.

Who is delivering the Resilience and Wellbeing Program?

The Resilience and Wellbeing Program is run by the University of Melbourne, in partnership with SA Health.

How much does it cost?

The Nursing and Midwifery Office is covering the cost of the course delivery for eligible SA Health staff.

Do I need to work full time to enrol?

No, you do not need to be working full time. You can be working on a full-time, part-time or casual basis.

Do I need permission from my line manager to enrol in the Resilience and Wellbeing Support Program?

No. However, you will need to discuss with and seek approval from your line manager to complete this course during work hours.

How do I enrol in the Resilience and Wellbeing Support Program?

Complete the online application form available at the [Nursing and Midwifery Skills and Training](#) website. After completing this enrolment form, you will receive an email with further instruction within 24 hours on how to commence this program.

When can I start this course?

Upon enrolment, students have 6 weeks to start the course. We reserve the right to withdraw students who do not commence the course within 6 weeks of enrolment.

How long do I have to complete this course?

This is an online course, consisting of three online modules that can be accessed using a web browser. It has been designed for you to study at your own pace, but please allow between 3 to 6 hours to complete all modules within the course.

Will I receive a Certificate of Completion?

A Certificate of Completion from the University of Melbourne will be provided via email upon successful completion of the course.

What if I cannot access the course materials?

If you cannot access the course materials, [submit an enquiry](#) to the University of Melbourne Mobile Learning Unit. The Unit will respond to your query within 2-3 business days. There may be a delay of up to 24 hours between your 'Getting Started' email and your subject appearing on the Learning Portal.

For more information

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