UniSA | Allied Health & Human Performance

Government of South Australia | Health Southern Adelaide Local Health Network

# Do you suffer from a painful ingrown toenail?

***This study is being conducted by the University of South Australia and the Southern Adelaide Local Health Network, with an aim to see whether the Penthrox® Green Whistle is effective in reducing needle-stick pain and anxiety before and during local anaesthetic injections for toenail surgery.***

If you…

- Currently have a painful ingrown toenail AND
- Are 18 years or older

We would like you to take part in this study. Participation is voluntary.

If you consent to participate, you will be involved in:

- A 30-minute assessment and pre-screening appointment.
- Toenail surgery with local anaesthetic to relieve your ingrown toenail with either an intervention Green Whistle inhaler or a placebo inhaler.
- A short survey about your experience with the inhaler
- Follow up appointments if required.
- You will receive a $30 gift card for your time.

Please note, you will not be able to take part in the study if you have any of the following:

- Personal or familial history of a condition called 'malignant hyperthermia'
- History of a significant head injury or significant problems with memory or thinking
- Kidney problems or taking medications with significant effects on the kidneys
- If you are pregnant, planning to become pregnant or breastfeeding

If you have received methoxyflurane on the day prior to the procedure or 15 mL (5 bottles) in the week prior to the procedure. **For more details about this research project, please contact:**


**Claire Huxtable (Principal Researcher)**
**Email: claire.huxtable@sa.gov.au**
**Phone: 8384 9233**

**Dr Ryan Causby (Principal Supervisor)**
**Email: ryan.causby@unisa.edu.au**
**Phone: 08 8302 1274**



This study has been approved by the Southern Adelaide Clinical Human Research Ethics Committee and the University of South Australia Human Research Ethics committee (approval number 2023/HRE00039).
Document Version: 3.0
Date: 26/07/2023



**The Green Whistle Study** Principal Researcher: Claire Huxtable Email: claire.huxtable@sa.gov.au


**The Green Whistle Study** Principal Researcher: Claire Huxtable Email: claire.huxtable@sa.gov.au
**The Green Whistle Study** Principal Researcher: Claire Huxtable Email: claire.huxtable@sa.gov.au
**The Green Whistle Study** Principal Researcher: Claire Huxtable Email: claire.huxtable@sa.gov.au
**The Green Whistle Study** Principal Researcher: Claire Huxtable Email: claire.huxtable@sa.gov.au
**The Green Whistle Study** Principal Researcher: Claire Huxtable Email: claire.huxtable@sa.gov.au
**The Green Whistle Study** Principal Researcher: Claire Huxtable Email: claire.huxtable@sa.gov.au
**The Green Whistle Study** Principal Researcher: Claire Huxtable Email: claire.huxtable@sa.gov.au
**The Green Whistle Study** Principal Researcher: Claire Huxtable Email: claire.huxtable@sa.gov.au
**The Green Whistle Study** Principal Researcher: Claire Huxtable Email: claire.huxtable@sa.gov.au
**The Green Whistle Study** Principal Researcher: Claire Huxtable Email: claire.huxtable@sa.gov.au
**The Green Whistle Study** Principal Researcher: Claire Huxtable Email: claire.huxtable@sa.gov.au