

## Information for patients

# Going to an aged care home

### **We understand that being in hospital can be a worrying time.**

From the start of your hospital stay, we begin planning for you to be discharged (to leave hospital) as soon as you are well enough.

When your hospital team decides that you no longer need hospital care, we will help you move to a place that can give you the care you need to maintain your quality of life.

Your hospital team will work with you and your family, or your carer or support team, to find the right place for you.

You may not go to your preferred aged care home straight away. It will depend on when an aged care home has a place available for you.

### **What do I need to do?**

- If you live in metropolitan Adelaide, make a list of between six (6) and ten (10) different aged care homes that you like. Add more places to your list if you don't get a spot within 72 hours.
- If you live in regional or rural South Australia, make a list of aged care homes that you like within your local area.

A list of all aged care homes in South Australia can be found here:

[www.myagedcare.gov.au/find-a-provider](http://www.myagedcare.gov.au/find-a-provider)

- You will need to move temporarily to the first available aged care home while you wait for a permanent place in one of the aged care homes on your list.

### **Where can I find out more about moving to an aged care home?**

Please ask to speak to your hospital team or hospital Placement Team.

You can also access the Commonwealth Government's My Aged Care website [www.myagedcare.gov.au](http://www.myagedcare.gov.au) and helpline **1800 200 422**.

If you have any questions, please speak with your hospital team. We're here to help you.

The hospital's Consumer or Patient Advisor is also here to help.

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### Aged care homes I prefer:

You will need to move temporarily to the first available aged care home while you wait for a permanent place in one of the aged care homes on your list.

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