

# Don't fall for it



## Falls can be prevented!

Choose a fun way to  
keep active and maintain  
your balance – a falls  
prevention initiative

For more information on how to complete  
a falls risk assessment visit:  
[sahealth.sa.gov.au/safetyandquality](https://sahealth.sa.gov.au/safetyandquality)



Government  
of South Australia  
SA Health