Some hobbies can increase your risk of lead exposure



Leadlighting or making stained glass



Renovating old homes and restoring old furniture



Restoring cars and boats



Soldering and casting e.g. making fishing sinkers and ammunition



Shooting ranges



Art & craft e.g. pottery making, glazing and artistic painting

REDUCE THE RISK OF YOUR LEAD EXPOSURE FROM HOBBIES:



Protect yourself:

- > Wear appropriate personal protective equipment
- > Avoid eating and drinking in your hobby area
- > Wash and dry hands before eating and drinking



Minimise dust generation:

- > When removing old lead based paint use wet sanding
- > When working with leadlight wet down lead came before cutting



Protect your family:

- > Shower and change from your hobby clothes before interacting with your family
- > Wash your hobby clothes separately
- > Keep personal items such as mobile phones away from your hobby area, or wipe them clean before use



Keep pregnant women, young children and pets away



Clean your hobby area regularly:

- > Wet mop floors and damp dust surfaces
- > Use a vacuum cleaner with a HEPA filter

