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Ageing Well Community and Research Grants 2023-2024

Age Friendly SA Grants 2023-2024

Organisation	Location Region	Project Title	Description	Grant Amount
Corporation of the City of Port Augusta	Far North	Yarning Art Classes	Yarning art classes will be conducted by two Aboriginal Elders who are artists. Classes will provide an opportunity for connection and for older people to socialise while learning new skills. The free art classes for older members will be held at the centrally-located Yarta Purtli Art Gallery.	\$35,000
Yorke Peninsula Council	Yorke and Mid North	Point Pearce Community Health and Wellbeing Program	In collaboration with Point Pearce Aboriginal Corporation and Flinders University, the program will pair educational cooking with planting sessions to promote the health and wellbeing of community through supporting empowerment and building capacity around nutrition while encouraging active community participation and intergenerational connectedness.	\$6,000
District Council of Loxton and Waikerie	Murray and Mallee	District Council of Loxton Waikerie Ageing Well Strategy	The Strategy will drive positive change and outcomes to assist the older community now and into the future. It is a commitment to creating an environment where opportunities and choices are in place for older people to be well supported, included and valued.	\$35,000
District Council of Streaky Bay	Eyre and Western	Healthy Ageing Strategy for the District Council of Streaky Bay	Development of a comprehensive strategy, acknowledging the current absence of such a framework and anticipating the ongoing expansion of the older demographic. This strategic effort aims to enhance the wellbeing and overall quality of life for older residents 50+ now and into the future.	\$35,000



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Copper Coast Council	Yorke and Mid North	Reducing the Digital Divide	Develop, deliver and evaluate a digital inclusion program targeted at older people to be run through Council-owned facilities including libraries, community centres, halls and hubs. A mobile officer will provide outreach services and allow people to be better connected with each other and the services in their community. It will provide structured training to reduce the digital divide; outreach support to help participants connect to services such as telehealth, Centrelink, MyLocal services app; and one-on-one support for older job seekers in creating resumes, job applications, online applications, online inductions and screenings, interview preparation etc.	\$55,000
Adelaide Plains Council	Barossa, Light and Lower North	A Series of Seniors Moments	Codesigned for local seniors to reduce barriers to experiencing a wide range of activities and upskill in areas of interest that produce purposeful activity. Drawing from many successful social enterprise models, the project looks to connect, inspire and empower through increasing roles for volunteers, supporting senior advocacy and community leadership, delivering new intergenerational community programs for seniors, incubating ideas for further social enterprise, and increasing transferable skills to support projects bringing the community together.	\$35,000
AGE FRIENDLY SA GRANTS TOTAL				\$201,000



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Positive Ageing Fellowship Grants 2023-2024

Organisation	Location Region	Project Title	Description	Grant Amount
The Hut Community Centre Inc.	Adelaide Hills	The Loneliness Project: A community led social connections project for men	Seeks to work alongside men 40+ with lived experience to create solutions that address loneliness and enhance social connection. Aims: -Tackle ageism by raising awareness in the community about the importance of social health and connection, and to reduce the stigma surrounding loneliness -Utilise a co-design process using online surveys, one-on-one interviews and a workshop series in a process to empower and fully engage community participants -Create and implement a range of options for growth and meaningful connections that can be embedded into our ongoing programming.	\$40,000
Adelaide Botanic Gardens Foundation	Eastern Western, Northern Southern Adelaide, Adelaide Hills	Laying the Foundation: making meaningful volunteering experiences at the Botanic Gardens	A project to foster a new culture of volunteering at the Botanic Gardens. Working collaboratively with Botanic Gardens staff, this project will embed a model of volunteering that recognises and values the diversity of skills, experience, abilities and motivations of volunteers. This project seeks to make volunteering easier, more rewarding and more accessible through a review and refresh of processes, and the introduction of an online Volunteer Management System (VMS)	\$32,000
Berri Baramera Landcare	Murray and Mallee	The Better Home Project	The Project aims to change the way that older South Australians live, for the better using a series of workshops showcasing a live, sensory, interactive,	\$40,000



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			and comparative housing model. The Project will provide the knowledge and skills to design and modify gardens to provide shade, decrease temperature, provide food and shelter, increase privacy, improve connectiveness to neighbours, trigger positive memories and become a haven for butterflies, birds and natural fragrances.	
Community Centres SA Inc.	Eastern Western Northern Southern Adelaide, Yorke and Mid North, Fleurieu and Kangaroo Island	Beyond Loss: A Community Approach to Grief and Loss	A professional development tool for group facilitators providing a structured, six-week program to support community members dealing with loss. Program guides and train-the-trainer style workshops will help facilitators curate a nurturing and supportive space within Community Centres for participants grappling with the pain of loss and grief. Program aims: <ul style="list-style-type: none"> • Empower participants to share their personal grief stories. • Educate participants about the grief process, drawing on expertise from the specialised field of 'griefology'. • Encourage creation of new strategies and routines for living with loss. • Aid in the development of wellness tools, goals, and plans. • Foster a supportive environment for participants to connect with others experiencing similar life events. 	\$40,000
Auspicious Arts Projects Inc.	Yorke and Mid North	Postal Service Community Film Project	A community short film project involving senior residents of the Copper Coast region of the Yorke Peninsula, inspired by the stories and observations of small acts of community service in and around the Copper Coast post offices.	\$39,400



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			<p>Older residents will be interviewed about their memories and experiences of the rich social life and the important civic role the postal service has played with their recollections forming the narrative of the film. The residents will also create human-sized puppets to act out their stories on a digital film set based on the architecture of the old post offices. A core aim of the project is to create more spaces for community conversations, centring the voices of older people that may have less of a presence in film.</p>	
POSITIVE AGEING FELLOWSHIP GRANTS TOTAL				\$191,400

Grants for Seniors 2023-2024 – Projects

Organisation	Location Region	Project Title	Description	Grant Amount
Crystal Brook Community Association Inc.	Yorke and Mid North	Regional full-day Tai Chi workshop	Full-day professional tai chi workshop held locally for practitioners located within 100 kilometres of Crystal Brook.	\$4,000
Junction Community Centre Inc.	Western Adelaide	Grannies on the Go – Enjoying Exercise, Excursion and Entertainment	A range of physical ('Exercise'), learning ('Excursion') and social ('Entertainment') activities to support physical, mental and emotional wellbeing, extending opportunities for seniors to be involved and active in their communities.	\$10,000
The Big Picture Creative Inc.	Limestone Coast	Silver Studio Art Program	A free, creative art workshop series for seniors, making space for artistic expression to forge meaningful community connections.	\$6,500
Barossa Village Inc.	Barossa, Light and Lower North	For Good Mosaic – get off the couch	Bringing people together to learn how to mosaic in ongoing mosaicking classes with an indigenous artist. Participants can create a piece that will be part of a	\$6,500



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			bigger work on the community couch.	
Mintaro Progress Association	Yorke and Mid North	Mintaro Seniors a Connected Community	A series of targeted workshops/seminars related to diet/physical and mental wellbeing/community resilience and preparedness focussing on ageing, tackling isolation through connection and accessibility.	\$4,000
Waikerie Community Senior Citizens Home Inc.	Murray and Mallee	Lifestyle and Wellbeing Program for Seniors	A monthly calendar of 2-4 free and low-cost activities or events per week, focussing on wellbeing and social inclusion and bringing together retirement village residents and general community members.	\$6,719
Woodcroft Morphett Vale Neighbourhood Centre	Southern Adelaide	Senior Social Extravaganza – a week of celebrating and valuing the contribution of seniors	A celebration of happy and healthy living at every age, encouraging people to get up, get out, and enjoy life to the fullest, making friends, maintaining connections, learning together and sharing a cup of tea.	\$8,400
Gawler Regional Natural Resource Centre Inc.	Northern Adelaide	Resilient Garden Education Space: Volunteer Program & Workshops	Funding of a project officer to establish a volunteer program at the Resilient Garden Education Space and a series of gardening and sustainable living workshops, including during SA's Week of Ageing Well from 1-7 October 2024.	\$10,000
Chamber Music Adelaide	Eastern Southern Adelaide, Adelaide Hills	Chamber in the Community	Five free high-quality chamber music concerts in community settings across council areas during SA's Week of Ageing Well from 1-7 October 2024. Older audiences will be able to experience world class, intimate and magical moments of music making, chat with performers and each other, learn about and	\$10,000



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			gain joy from beautiful musical works.	
Russian Women's Association of SA Inc.	Eastern Western Northern Southern Adelaide, Adelaide Hills	Book Club for CALD Elders	Establishment of a book club for Russian-speaking people aged over 65 who will receive a book to read, followed by monthly discussion gatherings. The goal is to select Australian writers, especially women of migrant heritage, with books translated into Russian, catering to older members who may not speak English fluently. The primary objective is to provide meaningful and educational activities to reduce anxiety and enhance the mental well-being of Russian-speaking seniors	\$6,790
Community Housing Limited	Western Northern Adelaide	Engage, Connect and Celebrate (EC&C)	Community Housing Limited and the Tenants Advisory Group will deliver 3 high-quality music events at the Heritage Court facility that targets people aged 55 years and older on a disability or aged pension. Two outdoor cinema events will also be delivered, 1 at Oakden & 1 at Enfield, public parks located near many more mature tenants.	\$10,000
Malex Care Inc.	Northern Adelaide	Project intergenerational and intercultural	Preservation of Cambodian traditions through preparation of Cambodian traditional foods and/or desserts, and Cambodian folk dancing. Knowledge transfer will be both intergenerational and across the wider South Australian community.	\$9,700
The Mount Remarkable Agricultural Society	Yorke and Mid North	Sharing Their Stories	Collection of stories, photographs and recipes for publication of a book to be launched at the 100th Melrose Show on Saturday, 5 October 2024. The aim is to connect	\$7,000



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			seniors with others across the generations and potentially reconnect them with former regional residents. Once recognised as the event of the year in the mid-north, the Melrose Show brought joy and purpose to many, and older people will be able to relive this era through sharing their memories and telling of their stories.	
Adelaide Tamil Association Inc.	Eastern Western Northern Southern Adelaide, Adelaide Hills	Cherish Wisdom: Supporting Tamil Elders – Unity, Respect, and Care for our Beloved Community	A project of diverse activities catering to physical, social and emotional wellbeing, enhance quality of life and foster a sense of community engagement in Tamil community elders.	\$10,000
Tea Tree Gully Gymsports Inc.	Northern Adelaide	Fitter for Life Program	One-hour classes run by an accredited coach, to improve balance, stretching and flexibility and tailored to each person's level of independence. Movements can be performed either standing or sitting in chairs and some use small apparatus such as balls. Daily classes will be offered during SA's Week of Ageing Well, October 1-7 2024.	\$4,400
GRANTS FOR SENIORS PROJECTS TOTAL				\$114,009

Grants for Seniors 2023-2024 – Goods

Organisation	Location Region	Description	Grant Amount
Ukelaide	Eastern Western Northern Southern Adelaide, Adelaide Hills, Barossa, Light and Lower North, Eyre and	Ukulele communities are science-backed strumming: A sound grant investment will deliver the goods for Seniors.	\$5,000



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	Western, Yorke and Mid North, Far North, Fleurieu and Kangaroo Island, Limestone Coast, Murray and Mallee		
SYP Community Hub	Yorke and Mid North	Dementia memory support and reminiscence items for Memory Lane Cafe Program	\$5,000
Wilmington Progress Society Inc.	Yorke and Mid North	Commercial treadmill	\$5,000
Tea Tree Gully Croquet Club	Eastern Northern Adelaide	Improving the safety of grounds and club room maintenance for volunteers	\$5,000
Armfield Slip and Boatshed	Southern Adelaide, Fleurieu and Kangaroo Island	Goods to support activities for seniors in an inclusive and safe environment	\$4,702
Mallala and Districts Men's Shed Inc.	Barossa, Light and Lower North	Dust extractor system and piping	\$5,000
Murray Bridge Croquet Association Inc.	Murray and Mallee	Age friendly equipment	\$4,980
Ink Pot Arts Inc.	Adelaide Hills	Singing for Fun in the Adelaide Hills	\$1,820
Mount Torrens & Districts Community Association	Adelaide Hills	Gardening equipment	\$4,970
Inner Wheel District A70	Eastern Western Northern Southern Adelaide, Adelaide Hills, Barossa, Light and Lower North, Yorke and Mid North, Murray and Mallee	Inner Wheel centenary celebrations and membership drive	\$1,499
Adelaide Repertory Theatre	Eastern Adelaide	Hearing loop system for the Arts Theatre	\$5,000
Mintaro Bowling Club Inc.	Yorke and Mid North	Wellbeing exercise equipment	\$4,700



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Clayton Bay Community Association Inc.	Fleurieu and Kangaroo Island	Community garden for health and wellbeing	\$5,000
Tintinara Bowling Club Inc.	Limestone Coast, Murray and Mallee	Public address system and non-slip mats	\$4,900
Aldinga Bay Surf Lifesaving Club Inc.	Southern Adelaide	Equipment and education for local seniors program – Silver Salties	\$4,215
Waikerie Community Senior Citizens Home Inc.	Murray and Mallee	Lifestyle and Wellbeing for Seniors – goods	\$2,000
Port Lincoln Singers Inc.	Eyre and Western	Electronic goods and associated materials to improve choral presentations	\$1,400
SportsUnited Ltd.	Eastern Northern Southern Barossa, Light and Lower North	Sporting Memories Australia equipment grant	\$1,400
Community Centres SA Inc.	Eastern Western Northern Southern Adelaide, Adelaide Hills	Coffee Connections: Social Gatherings for Seniors	\$5,000
Sturt Bowling Club Inc.	Eastern Adelaide	Supporting women in sport at Sturt Bowling Club	\$4,865
Malex Care Inc.	Northern Adelaide	Stronger together	\$1,130
Wilmington Bowling Club Inc.	Yorke and Mid North	Bowling club aids for seniors	\$2,000
Clare Bowling Club Inc.	Yorke and Mid North	Kitchen equipment	\$2,026
Semaphore Surf Lifesaving Club Inc.	Western Adelaide	Expansion of Silver Salties program for the 60+	\$5,000
Crystal Brook Community Association	Yorke and Mid North	New croquet club mower and small shed	\$3,000
GRANTS FOR SENIORS GOODS TOTAL			\$94,607

Impact Research Grants for Ageing Well 2023-2024

Organisation	Project Title	Description	Grant Amount
Flinders University and Torrens University	Positive ageing and social inclusion for older migrants from culturally and linguistically diverse backgrounds	Explore how alternative approaches to ageing help safeguard rights and encourage social inclusion. Information will be gathered through focus	\$100,000



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		groups with older migrants and refugees from culturally and linguistically diverse backgrounds, service provider interviews and case study reviews.	
Flinders University	Codesigning a conceptual model for a residential aged care facility for prisoners	Codesign an aged care facility for prisoners, integrating Cert-3 Aged Care and work release opportunities. Map services, infrastructure, and innovation at South Australia's Yatala Labour Prison.	\$25,000
Flinders University	New Tools for Tackling Ageism	Coproduce and assess the effectiveness of a series of educational videos for community programs and campaigns to reduce ageism.	\$25,000
IMPACT RESEARCH GRANTS FOR AGEING WELL TOTAL			\$150,000
CUMULATIVE TOTAL OF AGEING WELL COMMUNITY & RESEARCH GRANTS			\$751,016