

Metropolitan Referral Unit

Accommodation with SA Community Care

Hospital Avoidance – Post Procedural

This fact sheet has been developed to assist in the referral process for overnight accommodation post day surgery. This option supports patients who do not have a family member or other carer to stay with them and who would otherwise be admitted to hospital post procedure for this purpose alone. The need for this service is often identified in pre-operative assessment settings. This service is only available to **SA Public Hospitals**.

The service is only used when the patient has no suitable carer to monitor them post procedure. Common Public Acute sector referrers for this service are Day Surgery, Angiogram Suites and Gastroenterology Procedural Units.

Eligibility Criteria for Post Procedure Accommodation

The accommodation provided within this service replaces the care that would normally be provided by a family member or an informal carer. This service does not emulate the level of care provided in hospital. The patient will be collected by car and transported to the accommodation location where they will be provided with meals and overnight stay. The next day the patient will be provided with transport home or other referrer identified destination within metropolitan Adelaide. There is no cost to the patient for these services.

Patients Suitable for Overnight Accommodation	Patients who are NOT suitable for Overnight Accommodation
<ul style="list-style-type: none">• Metropolitan Public Hospital patients only• Independent patients who are considered medically stable• Would be considered to have care needs that normally would be managed by a family member or informal carer• No significant cognitive impairment• Would normally be discharged directly home if care was available• Mobilises independently with or without aids• Can independently use a call bell for assistance• Can travel in a car	<ul style="list-style-type: none">• Requires Nursing/Medical Monitoring (ie IV medications, unstable diabetes/on insulin, IV medications/ Fluids)• Normally have an overnight carer• Would be considered to have 'high level' care needs• Have a significant cognitive deficit• Are unable to mobilise independently or requires bariatric equipment• Have a relevant/ current Mental Health issue that may impact on safety of self or others• Require ambulance level of transport• Current Alcohol or Drug Abuse• Bariatric patients above a bed weight limit of 150 kg

Patients Suitable for Overnight Accommodation (../..con't)	Patients who are NOT suitable for Overnight Accommodation
<ul style="list-style-type: none"> • Any patient undertaking preparation that would otherwise managed at home but require some level of assistance and do not have a suitable carer available overnight • Alternative to Public Hospital admission • Patients need to be independent with their medication management (including bowel preparation) 	<ul style="list-style-type: none"> • Patients who are not safe to go into an overnight facility (ie current safety issues for other clients or staff) • Patients that are fully dependent with ADL's (toileting, bowel preparation) • Country patients who have a carer travelling with them and who could stay in a PATS funded accommodation option

What information will the MRU need from the referrer?

- Completed Metropolitan Referral Unit referral form
- Referral form to include:
 - Date of Procedure
 - Type of Procedure
 - Reason service required (ie no informal carer available)
 - Where will the patient be collected from: including location within hospital and any other particular instructions
 - What time will patient be collected?
 - Location the patient is to be transported to on the next day (ie home or OPD for review)
 - Any special meal requirements
 - Accurate contact details for patient
- The patient will need to bring a change of clothes and overnight bag with toiletries
- The patient to bring **all medications**, walking aids and medical equipment that would be required to manage independently.
- Upon receipt of the referral the MRU will arrange the booking of a suitable accommodation option. The MRU will notify the referrer once the service booking has been confirmed.

Please note: in the event of procedure cancellation, the MRU must be notified so that accommodation is cancelled and made available to assist other individuals who may require this service.

Please contact the Metropolitan Referral Unit if you wish to discuss an individual's needs and eligibility for the service.

For more information

Metropolitan Referral Unit
Telephone: 1300 110 600
Fax: 1300 546 104

www.sahealth.sa.gov.au/MRU

© Department for Health and Ageing, Government of South Australia. All rights reserved.