SA INTELLECTUAL DISABILITY HEALTH SERVICE

Referral Eligibility

SERVICE DESCRIPTION

The SA Intellectual Disability Health Service (SAIDHS) is a state-wide, specialist health service which provides comprehensive assessment, consultation and planning for adults with intellectual disabilities and complex needs to support ongoing care in mainstream health services. SAIDHS has a multi-disciplinary team comprising Physical Health Physicians, Neurology, Psychiatry, Nursing and Allied Health clinicians.

ELIGIBILITY AND REFERRAL CRITERIA

SAIDHS is funded to support adults with intellectual disabilities and complex care needs. Intellectual disability is a lifelong condition that <u>originates between birth and age 18</u> that affects a person's ability to learn, communicate, retain information, and undertake everyday activities.

SAIDHS provides comprehensive health assessment and planning for adults with moderate, severe or profound intellectual disabilities *and* complex care needs to support ongoing care by mainstream health services.

Complex care needs may be a result of an intellectual disability *and* one or more of the following:

- Mental illness or suspected mental illness
- Autism spectrum disorder
- Severe or profound communication challenges
- Significant behavioural issues
- Other complexities or issues (including physical health needs) unable to be supported by mainstream services

Please note that SAIDHS does NOT provide the following services:

- Emergency or crisis services
- Ongoing medical or psychiatric management
- IQ assessments
- Case management
- Assessment/medication advice for Autism or ADHD in the absence of other referral criteria



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HOW TO MAKE A REFERRAL

Referrals for assessment and consultation must be received from a GP or other health/disability care provider. If the person with intellectual disability is unable to access a GP service, please contact SAIDHS on 8257 7300 to discuss alternate referral pathways.

Referrals should address the SAIDHS eligibility criteria, reason for referral and include a comprehensive medical history, including any relevant investigations and current treatments.

The SAIDHS triage team will contact the referrer within 30 days of referral receipt to confirm if the referral has been accepted and the estimated waiting time. A detailed report including assessment and management suggestions will be sent to the referring doctor after an assessment has been completed.

FOR MORE INFORMATION:

SA Intellectual Disability Health Service (SAIDHS) Ingle Farm Recreation Centre 1/58 Beovich Rd, Ingle Farm, SA 5098

Ph: (08) 8257 7300 Fax: (08) 8257 7399 Email: <u>HealthSAIDHS@sa.gov.au</u> Web: <u>www.sahealth.sa.gov.au/saidhs</u>



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