

# Do you have:

## An Advance Care Directive?

### ADVANCE CARE DIRECTIVE

**Advance Care Directive Form**

By completing this Advance Care Directive you:

1. Appoint one or more Substitute Decision-Makers
2. Write down your values and wishes to guide your health care, living arrangements and other personal matters
3. Write down healthcare you do not want in particular circumstances

**Part 1**  
You must fill in this Part.

**Part 1: Personal details**

Name: \_\_\_\_\_  
(Full name of person giving Advance Care Directive)

Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Part 2a**  
You must fill in this Part

**Part 2a: Appointing a Substitute Decision-Maker**

I appoint:

### ANTICIPATORY DIRECTION

**Anticipatory Direction**

**Part 1 – Anticipatory Direction**

1. I, \_\_\_\_\_  
[Insert full name, address and occupation]

direct that if, at some future time, I am –

- (a) in the terminal phase of a terminal illness, or in a persistent vegetative state
- (b) incapable of making decisions about my own medical treatment

the effect is to be given to the following expression of my wishes:

### ENDURING POWER OF GUARDIANSHIP

**ENDURING POWER OF GUARDIANSHIP**  
(pursuant to section 25 of the *Guardianship and Administration Act 1995*)

*Instrument Appointing an Enduring Guardian*

I, \_\_\_\_\_  
Name .....  
Address .....  
Occupation .....  
Revoke all other Enduring Powers of Guardianship previously given by me.

**I APPOINT** \_\_\_\_\_  
Name .....  
Address .....  
Occupation .....

and \_\_\_\_\_  
Name .....  
Address .....  
Occupation .....

### MEDICAL POWER OF ATTORNEY

**Medical Power of Attorney**

**Part 1 – Appointment of Medical Agent**

1. I, \_\_\_\_\_  
[Insert full name, address and occupation]

appoint the following person(s) to be my medical agent(s):

[Insert full name, address and occupation of the agent. If two or more agents are appointed, indicate the order of preference by placing the numbers 1, 2, 3... beside each name. This indicates that, if the first agent is not available, the second is to be consulted and so on. If the first and second cannot provide for the joint exercise of the power. (See section 9 of the *Medical Power of Attorney Act 1995*.)]


2. I authorise my medical agent to make decisions on my behalf.

Please turn over for other documents to check for 

Please advise registration/admission clerk if you have any of these documents. Present your document(s) upon admission so we can make a copy for your medical record.

# An Advance Care Plan?

## STATEMENT OF CHOICES

 **South Australian Statement of Choice**

My *Statement of Choices* is based on my values and beliefs. I understand it will guide my future medical decisions, only if I am unable to communicate my decisions.

I ..... (Full name)

of .....

Understand that

- it is important to discuss my wishes with my Medical Agent/s or Enduring Guardian with my family and health care team, so that they are aware of my wishes.
- my doctors can only offer treatments that are medically appropriate

**1. Living well, or an acceptable recovery after illness or injury can mean:**  
to be able to communicate meaningfully with my family and friends; to not be completely dependent on others for hygiene; to be able to eat and drink naturally; to be able to move around.

To me 'living well' or an 'acceptable recovery' means: (please write)

.....

## GOOD PALLIATIVE CARE PLAN

**Good Palliative Care Plan**  
**Directions for Future Treatment\***

Prepared by DOCTOR ..... Date ..... / ..... / ..... \*\*

Name of PATIENT .....

Medical Condition/Prognosis .....

.....

I have discussed the situation with: (and explained the implications of any decision)

The patient (if competent) or because the patient is not competent to sign, I have considered all ascertainable information regarding the wishes of the patient as expressed previously, and consulted with:

Medical Agent (named) .....

## OTHER ADVANCE CARE PLAN

*Other Advance Care Plan*

# A Resuscitation Plan?

**RESUSCITATION ALERT**  
**7 STEP PATHWAY -**  
**DEVELOPING A RESUSCITATION PLAN**  
**(MR-RESUS)**

MR-RESUS is a patient identification system.

UR Number: .....

Surname: .....

Given name: .....

Second given name: .....

D.O.B: ..... / ..... / ..... Sex: .....

Hospital: .....

Read accompanying instructions before completing.  
This form must be open to A3 when filled in, use Ballpoint pen.  
**Interns are not permitted to complete this form.**

**1. TRIGGER**  
Complete this form early if the clinical situation requires decisions about resuscitation or end of life. However, the urgency to complete this form needs to be balanced with sensitivity to the readiness of the patient and family to discuss these issues.

**2. ASSESSMENT**  
Is there adequate clinical information to allow decisions to be made about resuscitation and life care? If **YES** [ ] -> Continue with the plan.

**3. CONSULTATION**  
If possible, discuss the clinical situation (e.g. diagnosis, prognosis, treatment options) with the patient, substitute decision-makers, person responsible and/or relatives. **IMPORTANT:** Interpreter use is recommended for non-English speaking patients who do not have decision-making capacity.

**Please advise registration/admission clerk if you have any of these documents. Present your document(s) upon admission so we can make a copy for your medical record.**

For more information

SA Health  
Policy and Commissioning Division  
Email: [policy&legislation@health.sa.gov.au](mailto:policy&legislation@health.sa.gov.au)  
subject line: Advance Care Directive



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\*The South Australian Safety and Quality in Health Care Consumer and Community Advisory Committee.

