



LIMESTONE COAST LOCAL HEALTH NETWORK VOLUNTEER VACANCIES

Mount Gambier Hospital and Country Health Connect

Ward Visits

This program assists patients on the wards with socialisation and support during their hospital stay. These patients generally have come from out of the region or have no family or friends close by that are able to visit them. A Ward Visit volunteer gives the patient someone to have a chat with or go for a walk around the building, as long as the nursing staff on the wards have approved it.

- Tuesday (12:45pm onwards) x2
- Wednesday (12:45pm onwards) x1
- Thursday (12:45pm onwards) x1
- Friday (12:45pm onwards) x2

Hospital Guides

Hospital Guides assist consumers entering our site to navigate the building whilst having a general chat (consumer engagement questions provided). These volunteers are the friendly face of the hospital and are located at the hospital main entrance and the Country Health Connect entrance.

- Monday (12:00pm to 4:30pm) x2
- Tuesday (8:30am to 12:30pm) x2
- Tuesday (12:00pm to 4:30pm) x2
- Wednesday (8:30am to 12:30pm) x2
- Wednesday (12:00pm to 4:30pm) x2
- Thursday (8:30am to 12:30pm) x2
- Thursday (12:00pm to 4:30pm) x1
- Friday (8:30am to 12:30pm) x2
- Friday (12:00pm to 4:30pm) x2

Friends of ED (FEDs)

This volunteer role assists the patients, family/friends and nursing staff within the Emergency Department (ED) with support during the patient's treatment. These volunteers are the friendly face and ears for those coming into the department.

- Tuesday (1:45pm to 5pm) x1

- Wednesday (1:45pm to 5pm) x1
- Thursday (4:45pm to 8:15pm) x1
- Saturday (10:45am to 2pm) x1
- Saturday (1:45pm to 5pm) x1
- Saturday (4:45pm to 8:15pm) x1
- Sunday (10:45am to 2pm) x1
- Sunday (1:45pm to 5pm) x1
- Sunday (4:45pm to 8:15pm) x1

Administration

Administration volunteer roles have a wide and varied range of duties and skills. Generally, these roles include filing medical records, writing tracer cards, creating packages for the clinicians to use and being part of the team.

- CHC Medical Records – 2.5 hours each shift (Friday)
- Hospital Medical Records – 3 hours each shift (Monday & Wednesday)
- Medical Liaison Officer Administration – 2 hours per fortnight
- Occupational Therapy Administration – 2 hours each shift
- Diabetes Education / Social Work Administration – 2.5 hours each week
- Child Development Unit Administration – 2 hours each week
- Physiotherapy Administration – 2 hours each week
- Dietetics Administration – 2 hours each week

Transport

Our transport volunteers provide safe and reliable transport for our clients. This allows them to get to and from their appointments without the worry of trying to find reliable transport.

- Permanent Shift – Monday afternoon (Mount Gambier & Millicent – 11:45am)
- Permanent Shift – Tuesday morning (Naracoorte & Nangwarry - 5:30am to 8:30am)
- Permanent Shift – Wednesday morning (Millicent & Mt Gambier – 6:30am)
- Permanent Shift – Wednesday afternoon (Mount Gambier & Millicent – 11:45am)
- Permanent Shift – Thursday morning (Naracoorte & Nangwarry - 5:30am to 8:30am)
- Permanent Shift – Friday afternoon (Mount Gambier & Millicent – 11:45am)
- Permanent Shift Fortnightly – Tuesday afternoon (Rehab Specialists - 4:00pm to 5:00pm)
- Permanent Shift Fortnightly – Wednesday morning (Rehab Drs Accommodation to CHC and OPSA from Airport to CHC – 7:30am to 9:30am)
- Permanent Shift Fortnightly – Wednesday afternoon (Rehab Drs Accommodation to CHC and OPSA from Airport to CHC – 4:00pm to 5:00pm)
- Relief driver x4

Rainbow Club – Social Support Group

The social support groups provide our elderly clients with social interaction, assisting with meals, games, clean up after a meal and outings. We also have volunteers that provide entertainment (e.g. music, stories, jokes etc.) to these clients.

- Monday (8:45am to 3pm) x1
- Entertainers (music, stories, jokes, dance) – various shifts available

Supper Service

These volunteers provide patients on each ward (except Paediatrics) with a light refreshment around suppertime. The volunteers will also be required to assist with completing the patient experience survey on the wards' iPad with each patient that is willing to complete it.

- Monday (6:30pm to 8:30pm) x10
- Tuesday (6:30pm to 8:30pm) x10
- Wednesday (6:30pm to 8:30pm) x10
- Thursday (6:30pm to 8:30pm) x10
- Friday (6:30pm to 8:30pm) x10
- Saturday (6:30pm to 8:30pm) 10
- Sunday (6:30pm to 8:30pm) x10
- Relief x4

Mealtime Support

This program is currently in the planning and development stage but the aim is that it will provide patients on the wards that are not eating, social interaction around the meal, similar to what we have when we are at home with our families.

- Orientation and training trial participants x4
- Lunch time trial participants x4

Menu Assistance

This program is currently in the planning and development stage, but the aim is that it will assist patients with completing their menus for the day or following day and returning the completed menus to the kitchen for entering and meal prep.

- Monday (8am to 9am) x2
- Tuesday (8am to 9am) x2
- Wednesday (8am to 9am) x2
- Thursday (8am to 9am) x2
- Friday (8am to 9am) x2
- Saturday (8am to 9am) x2
- Sunday (8am to 9am) x2

Bordertown – Country Health Connect

Home Delivered Meals

These volunteers assist with delivering meals from the hospital kitchen to clients within our region.

- Multiple days available (11:30am to 12:30pm)

Curlew Club – Social Support Group

The social support groups provide our elderly clients with social interaction, assisting with meals, games, clean up after a meal and outings. We also have volunteers that provide entertainment (e.g. music, stories, jokes etc.) to these clients.

- Tuesday (9:30am to 2pm)
- Thursday (9:30am to 2pm)

Bordertown Memorial Hospital and Charla Lodge Aged Care Facilities

Bordertown have three sections of aged care. Residents usually prefer to attend activities in their own section rather than mingle. There is also flexibility available (including weekends) for the activities listed below.

Gardening

These volunteers assist residents with maintaining their gardens

- 1 hour per week x2

Movement Activities

These volunteers assist the residents with activities such as stretching, chair yoga, games – totem tennis, basketball shooting balloon ball, ring toss etc.

- 1 hour per week x2

Pet Therapy

These volunteers will provide the residents of each sections a chance to cuddle, pat or chat about their pet.

- 1 hour per week x3

Walking Group

These volunteers assist the residents with a lovely morning walk each Friday around the complex.

- Friday (11am to 11:30am) x2

Cooking Demonstrations

These volunteers show the residents different items to cook and what produce to use in a fun and friendly environment. The residents and staff will guide these volunteers.

- Once a month x1

Cooking Assistant

These volunteers will set the BBQ up and cook the BBQ lunch once a month. This will include the setting up and packing away of all the BBQ equipment on the day. This also gives the residents a lovely social outing once a month.

- Once a month (11:30am onwards) x2

Beauty Services

These volunteers will provide residents with beauty services such as manicures, hand massage, make up, nails painted etc.

- 1 hour per week x3

Meditation

These volunteers will provide the residents with a chance to mediate and relax.

- 1 hour per week x1

Intergenerational Program

These volunteers will assist the residents and kindy children with their intergenerational activities.

- Tuesday (1:30pm to 2:30pm) x1

1 on 1 Visits

These volunteers will assist the residents that would love some social interaction and company during the day.

- Multiple days and times available

Kingston SE & Robe MPS (Hospital)

Home Delivered Meals

These volunteers assist with delivering meals from the hospital kitchen to clients within Kingston or Robe.

- Multiple days and times available

Millicent – Country Health Connect

Banksia Friendship Group – Social Support Group

The social support groups provide our elderly clients with social interaction, assisting with meals, games, clean up after a meal and outings. We also have volunteers that provide entertainment (e.g. music, stories, jokes etc.) to these clients.

- Multiple days and times available
- Entertainers (music, stories, jokes, dance) – various shifts available
- Bus Drivers – various shifts available

Naracoorte

Hospital and Aged Care Facility

- Transport
- Craft group assistance
- Men's groups
- Reading groups
- Playing music