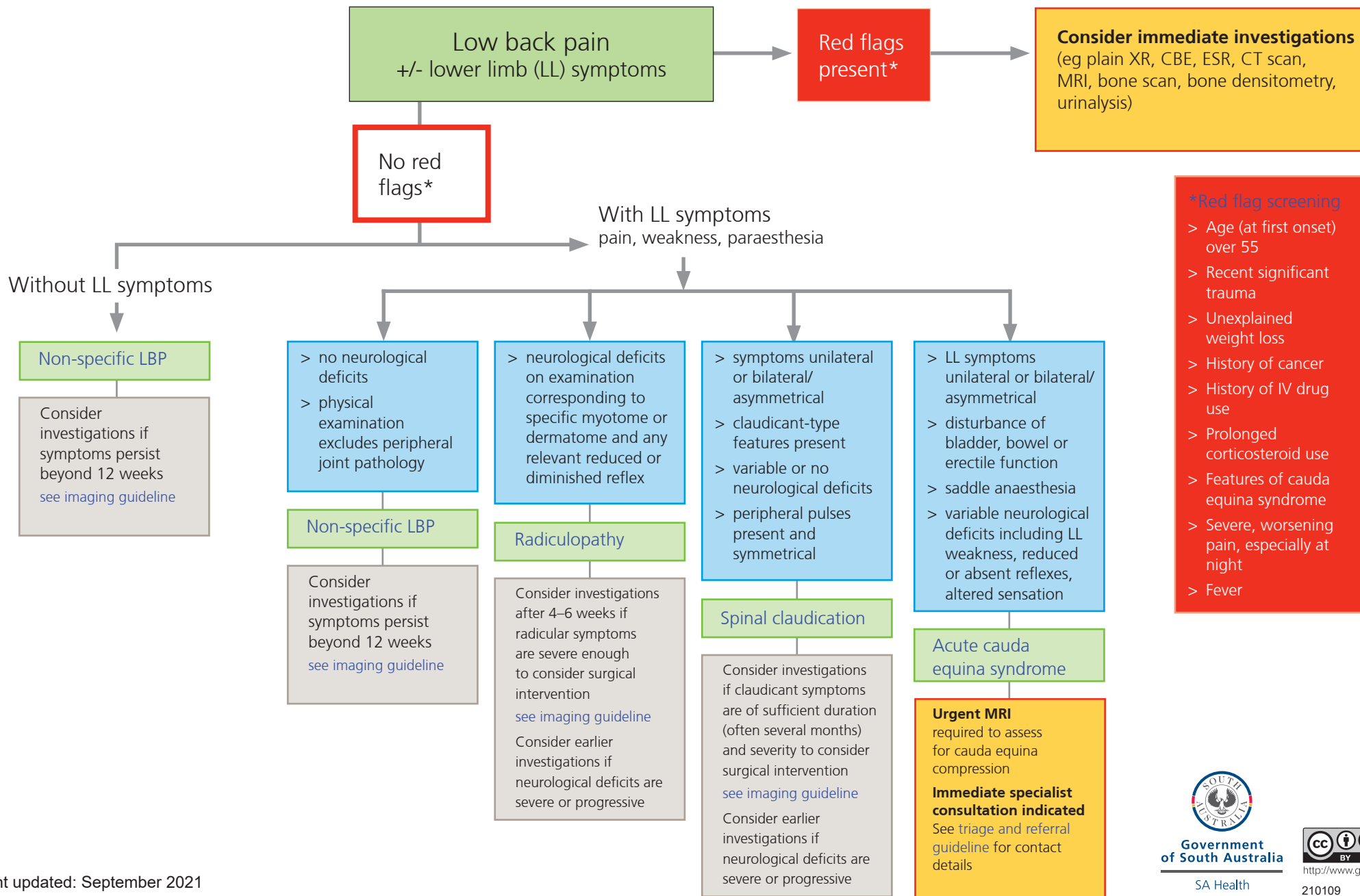


Lumbar disorders – a diagnostic guide



- *Red flag screening**
- > Age (at first onset) over 55
 - > Recent significant trauma
 - > Unexplained weight loss
 - > History of cancer
 - > History of IV drug use
 - > Prolonged corticosteroid use
 - > Features of cauda equina syndrome
 - > Severe, worsening pain, especially at night
 - > Fever