

Fact sheet

# Central Adelaide Gastroenterology and Hepatology Services

## Clinical Information Sheet

<b>Chronically Deranged LFTs</b>	<b>Clinical Presentation/syndrome</b>
<b>Eligibility</b>	Those with abnormal liver functions of uncertain aetiology and of > 3 month duration
<b>Priority and how to access services</b>	<b>Urgent referral should be considered in these patients</b> <ul style="list-style-type: none"><li>• About to undergo immunosuppression for autoimmune disorders</li><li>• Those about to undergo chemotherapy</li><li>• Pregnancy</li><li>• Recent potential exposure to blood borne virus</li><li>• Marked change of LFT test from baseline or &gt; 5x upper limit of normal</li><li>• Synthetic liver dysfunction suggestive of cirrhosis</li><li>• Persistent/ refractory symptoms of liver failure (Ascites/ encephalopathy/ jaundice)</li><li>• Suspicion of hepatocellular carcinoma</li><li>• Recent GI bleed</li></ul>
<b>Information required with referral</b>	<ul style="list-style-type: none"><li>• Alcohol history (past and present)</li><li>• BMI</li><li>• Past medical history and Medication list (past and present)</li><li>• Family history</li><li>• Previous blood tests to assess trend and duration of liver function derangement</li></ul>
<b>Investigations required with referral</b>	CBE, LFTs, INR Alpha-fetoprotein Hepatitis serology (HBV S Ag, HCV A/B) Ceruloplasmin/ A1 Antitrypsin/ Iron studies/ ANA/ Total IgG level/ Fasting lipids and BSL Liver/biliary tree ultrasound (within 6 months)

### For more information

**Central Adelaide Gastroenterology and Hepatology Services:**

**Royal Adelaide Hospital, North Terrace, Adelaide. Telephone: 08 8222 4000**

**The Queen Elizabeth Hospital, 28 Woodville Road, Woodville South. Telephone: 08 8222 6000**

© Department for Health and Ageing, Government of South Australia. All rights reserved.



Government  
of South Australia

SA Health